

# The John Lyon Gazette

Volume 23, Number 5

November 2016



**Veterans of Foreign Wars**  
**John Lyon Post #3150**  
**2116 North 19<sup>th</sup> Street**  
**Arlington VA 22201**  
**703-525-0108**  
**<http://www.vfw3150.org>**



**The John Lyon Gazette: Winner of 1999, 2003, 2004, 2007, 2009, 2010, 2011 and 2016 Clair B. Poff Public Relations Award for Outstanding Newsletter, and Winner of National Awards for 2010, 2011**



(l to r) State Auxiliary President Shema Peppers and some of the Post and Auxiliary members from Post 3150, Ryan Gallucci, Cathy Graham, J.Gary Wagner, Krysti Corbett, Brendan Curley, Elizabeth Pletcher, Patrick and Debra Clark gather at Armed Forces Retirement Home at the end of the day. Also attending from Post 3150 were Desi Gurule, Bill Kelly, and Geoffrey, Lauda, and Mateo Kintzer.

## **Give an Hour / Change Direction**

Members of John Lyon Post 3150 in Arlington VA and Virginia State Auxiliary President Shema Peppers joined members of the VFW's Washington Office and members of the Departments of the District of Columbia and Maryland in traveling to the Armed Forces Retirement Home in DC to assist with light maintenance and scheduled activities at the home. The key objective was to promote the "Five Signs" project of Give an Hour and Change Direction. Volunteers helped with dusting in the library and other public spaces, sorting books in the library, helping with activities such as bowling and bingo. Perhaps most importantly, they had lunch with the residents providing them some contact with non-residents and listening to their stories. The five signs were some of the topics discussed in many of the conversations. See page 3 for more on "The Five Signs".

## *From the Commander:*

Hello 3150! I trust this message finds you and yours well as we begin to embark on the Holiday Season! It's one of my busiest times of year with Halloween, Thanksgiving, and Christmas just over the horizon, but I always look forward to spending time with family and friends! Before we get started, I want to take the time to recognize our outstanding performer this month.

**Nic Hatfield** served in the Navy as a Cryptologic Technician for four years aboard the USS William B. Cushing (DD-985) and the USS Leyte Gulf (CG-55). Nic is one of our newest members, having joined the Post early this summer. Even though he's been a member for less than six months, Nic has been an instant contributor to John Lyon. From day one, he's stepped up when called upon, volunteering to fill the role of Officer of the Day for Post meetings. When we needed volunteer bartenders, Nic was one of the first to raise his hand and take on shifts. He's selflessly given his time and effort to transport his own audio equipment from home and set it up in support of our Veteran Concert Series and Trivia Nights to ensure our events have the professional sound quality you'd expect to find at any live music venue. Thank you for getting involved and staying engaged, Nic – your energy, volunteerism, and continued, stalwart support of John Lyon is an example for all to follow!

If you're anything like me, you're already operating at a frantic pace as you prepare for the Holidays. If you haven't seen the Facebook page, emails, or calendar lately, it's also a busy time of year for the Post! We have some fantastic events planned for November and December, but we cannot do it without the support of our membership. **We desperately need people to step up and volunteer, so please take a hard look at some of the events listed below and let us know how you can help!**

**Volunteer Bartenders:** We've gone to a volunteer bartender system because we can no longer sustain the costs of a paid staff. Please contact Desi Gurule ([d0c\\_g@yahoo.com](mailto:d0c_g@yahoo.com)) to find out how to become one of our volunteer bartenders. If you could give **one night a month**, it will help us maintain our regular hours and prevent closures.

**Thanksgiving:** You may remember from last month's newsletter that we're trying to host a Thanksgiving meal open to the community. We want to provide a place where folks who may have no other place to go can get a hot meal, fellowship, and a reminder of what the season is truly about. **We need volunteers that can help us plan and execute the meal.** Contact me at [david.e.hanisch.mil@mail.mil](mailto:david.e.hanisch.mil@mail.mil) to find out how you can help.

**Thanksgiving/Christmas Basket/Gift Drive:** Like in years past, we've adopted families in need from Ft. Myer to supply Thanksgiving and Christmas meal baskets, as well as fulfill Christmas lists for the children. **We need help soliciting both cash and food donations from local businesses, putting the baskets together, shopping/wrapping gifts...you name it!** Contact me at [david.e.hanisch.mil@mail.mil](mailto:david.e.hanisch.mil@mail.mil) to find out how you can help and check out our list of items to donate on our website and Facebook page!

We also need volunteers for the Buddy Poppy Drive (5 Nov), Voice of Democracy/Patriots Pen judges (6 Nov), Veteran's Day Cookout (11 Nov), VA Hospital Visit (10 Dec), and leads for the Post's 82nd Birthday Party (19 Nov) and Ugly Christmas Sweater Party (3 Dec). I want to challenge each and every one of you to step up and take an active role in the Post. 3150 needs you and without volunteers, there's a high likelihood that we will be unable to execute the activities we've got planned. So get involved...stay engaged...and always lead from the front!

Dave Hanisch  
Post 3150 Commander

## *From the President of the VFW Auxiliary:*

November is a time of remembering and giving thanks. We remember all those who have served in our armed forces on Veterans Day. We also pause to think of those on active duty who may be in harm's way and wish them a return to our nation and their loved ones unharmed. The Auxiliary is providing sandwiches on the Saturday of Veteran's Day weekend. Before that we have the Marine Corps Birthday on Thursday, followed by Veteran's Day on Friday. Come join us at our ceremonies at both the Cherrydale John Lyon Memorial and

Clarendon War Memorial. The Post is again opening the Post Home on Thanksgiving Day for those who have no local family to celebrate with or a place to go or who have limited means of preparing a traditional Thanksgiving dinner. Be on the lookout for further information in the weekly updates from Post Adjutant J. Gary Wagner and on the Facebook page.

As an added attraction, the Post has started having Trivia Nights. The Auxiliary will be providing the food for this next event on 4 November. The menu will be one brat with chips and a pickle for \$7.00 or two brats for \$10.

As I mentioned last month, your Auxiliary is assisting the Post members in distributing Buddy Poppies at the FT Myer Commissary on November 5 from 8 am to 2 pm. Look for information on signing up in 2 hour increments to cover those hours. Any money donated in this effort goes to the Relief Fund. This fund is used to help veterans and their families, to promote the education of our children in patriotism and Americanism, and to support the VFW National Children's Home in Eaton Rapids, MI.

Looking forward to December, we will again be sending off those families of deceased military taking part in Snowball Express on December 11. The Auxiliary will be providing the food for the next Open Mike Night, Guitar for Vets on December 17.

Remember to VOTE. If you do not vote, you have no reason to complain about those in office on any level. As the weather is turning colder look out for the elderly, the sick and those living alone; Happy Birthday and Anniversary to all those celebrating in November.

Loyally yours,  
*Cathy Graham*  
President, VFW Auxiliary 3150



- 1. Poor Self Care**
- 2. Withdrawal**
- 3. Agitated**
- 4. Personality Change**
- 5. Hopelessness**

**For more info, go to <http://www.changedirection.org/#five-signs>**

## **Welcome to Our New Members**

Welcome to new Post members Clyde Cargill II (Army – Iraq), Dane Hixson (Army – Iraq), William Kennedy (Navy – Iraq/Afghanistan)(Life Trans), and

new Auxiliary member Elizabeth Pletcher (who we accidentally omitted from the last issue), all whose paperwork is complete and who were elected at the recent meetings.

## Post 3150 to Mark 82<sup>nd</sup> Birthday

John Lyon Post 3150 will celebrate its 82<sup>nd</sup> birthday at 7 pm on Saturday, 19 November. The Post was chartered on 20 November 1934. All members are invited to join in the celebration.

### *From the John Lyon Past...*

The following appeared in the Dance Program for the John Lyon Spring Dance, 26 May 1956:

#### **“Brief History of John Lyon Post No. 3150”**

“In the year 1934, Comrades W.W. Burnett and Charles A. Musselman, along with their wives, Mrs. Loretta Burnett and Mrs. Hattie Musselman, were returning home from a post meeting at National Capital Post in Washington, D.C. During the course of their conversation along the way, it was decided to try and organize a Post here in Arlington County. Through their efforts and leadership, the Post was chartered in November 1934, and Comrade Burnett became the first Post Commander.

“In choosing a name for the Post, it was decided not just to select a name, but to select one that was truly a symbol of the Veterans of Foreign Wars. After much comparison and checking of veterans, the name John Lyon was chosen, since he had been an overseas veteran and actually gave his life for our country’s cause. Permission was secured from his family and the Post became known as John Lyon Post No. 3150.

“Shortly thereafter, the Ladies Auxiliary was organized, and Sister Burnett became the first president.

“The Post is well known in Arlington because of its sincere efforts in fostering good citizenship, patriotism, and the true ideals of our great Democracy. Many veterans, including those who are not members, have benefited from the Post Relief Fund.

“The Post home is located at 19<sup>th</sup> and North Uhle Streets, in Arlington. Any person interested in joining may contact one of our members.”

## HELP THE BUDDY POPPY TEAM!



In honor of Veterans Day (celebrated around the world as Remembrance Day or Armistice Day), John Lyon VFW Post 3150 will again distribute Buddy Poppies over the holiday weekends, **specifically on Saturday, 5 November. 8 am – 2 pm at Fort Myer Commissary. Volunteers are requested** sign up to volunteer here: <http://signup.com/go/HE7e1b>. If you can't help out on 5 Nov, you may distribute at another time and location **in Arlington County**. Kits will be available in the Post ---- bags containing 200 poppies and two cans each for volunteers. Be sure to get the permission of any store you collect in front of. Please mark the cans with your name, location, and date. All cans and undistributed poppies should be returned to the Post no later than Wednesday, November 16.

Donations received for Buddy Poppies continue to represent the primary means for the Post to rejuvenate its Relief Fund. National By-Laws restrict the use of Relief Fund proceeds to the care and assistance of needy veterans, their families, Americanism education, and to commemorating and perpetuating the memory of our deceased comrades.

National By-Laws also limit the distribution of Buddy Poppies to the immediate geographic vicinity of our Post (i.e., the County of Arlington). VFW Auxiliary members who participate will see the funds they collect distributed to the relief funds of the Auxiliary. Thank you for your assistance. **Remember: you're not “selling” them, but “distributing” them and graciously accepting donations.**

**Friday, 4 November  
Brats, chips & pickle, \$7/\$10  
Dinner 6 – 9 p; Trivia Night, 7:30 p**



## UFC 205, Sat 12 Nov, 6 pm

UFC (Ultimate Fighting Championship) Event 205 features Eddie Alvarez vs Connor McGregor on Saturday 12 November.

The Post will carry it on our 8 TV's in the canteen and the large screen in the great hall. Everyone will have a front row set for this epic battle. Don't be the one that misses it! Post at 6 pm.

Prefights start at 8. Main event at 10 pm. This event is open to members, active duty, veterans, their family and friends.

## U.S. Marine Corps Birthday 10 November 2016 Thursday, 8 pm Cookout 5 – 8 pm

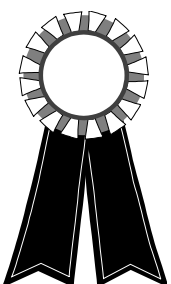
### Post Veterans Day Ceremonies

John Lyon members will gather at 11 am on 11 November, Veterans Day at the "John Lyon Memorial" --- across the street from the Safeway (3713 Lee Highway) on the grounds of the Cherrydale Healthcare Center --- for a short wreath-laying ceremony. And again at 1 pm at the Clarendon War Memorial for joint ceremonies with the American Legion posts and other organizations. This memorial is in the center of Wilson and Clarendon Boulevards where Washington Boulevard crosses and is just west of the Clarendon Metro stop. Both events are family-friendly and an ideal event to reinforce history and patriotism for your sons and daughters --- or grandchildren, if they're nearby.

### Vets to Wear Medals on Veterans Day

Several years ago, the Honorable R. James Nicholson, then Secretary of Veterans Affairs, and leaders of major veterans organizations asked veterans to wear the medals they earned during military service. The tradition continues this year.

Complete Vet Day Weekend schedule can be found on back page.



**Be a Winner: Vote!**  
**Tuesday, 8 November**  
**Study the issues.**  
**Your vote counts!**

### Hours for Post Canteen

The Post Canteen is open as follows:

Sunday	1 pm – 6 pm
Monday – Tuesday	Closed
Wednesday - Thursday	5 pm – 8 pm
Friday	5 pm – 10 pm
Saturday	3 pm – 10 pm
Post may extend hours for various events.	



### Thanksgiving Baskets

Post and Auxiliaries members will prepare Thanksgiving baskets including turkeys and all the trimmings necessary for a festive holiday dinner for junior enlisted personnel in our area. The preparations will begin at 9:30 am on Saturday, 19 November. Delivery to Fort Myer will follow. Come join in with this spirit of Thanksgiving.

### Scout of the Year

Any recipient of an Eagle Scout, Girl Scout Gold Award, Venture Summit Award, or Sea Scout Quartermaster Award may qualify. Deadline is March 1, 2017. Early submission / interest may provide opportunity for additional trip for Scout. Info and applications available at <http://www.vfvascouting.org/> and <https://www.vfw.org/Youth/>

## Firefighter, EMT, Law Enforcement Nominations due 23 December.

Nominations for Public Service Awards --- **Law Enforcement Officer, Firefighter, and EMT of the Year** --- are due at the Post by 23 December. Nominations include a resume of nominee's background in applicable area, resume of accomplishments in field, photograph, title and address.

## Post Opens at 1 pm for all Sunday afternoon football games “NFL Sunday Ticket” now at 3150!

### Moved?

**Please notify us when you move!** Send an email with your new address to the Adjutant at [adjpost3150@va.vfwwebmail.com](mailto:adjpost3150@va.vfwwebmail.com)

## End of Year Charitable Donations?

If you make end of the year charitable donations, remember the Post: consider sending a check to VFW Post 3150, 2116 North 19<sup>th</sup> Street, Arlington VA 22201. The VFW --- and Post 3150 --- is an IRS Code 501(c)19 tax exempt organization. All donations are restricted to Post projects and expenses and the post could use the assistance to resupply its accounts and get ready for the new year.

## Upcoming Next Month

Not counting the normal meetings, the following are the highlights of next month's calendar. See next month's newsletter or call the Post for more info.

- 3 Dec: Ugly Sweater Christmas Party & Potluck 6p
- 7 Dec: Pearl Harbor Remembrance, 7pm
- 10 Dec: VA Hospital Visit, time TBD, but ca 8:30a
- 10 Dec: Army/Navy Game Watch Party, 3pm
- 11 Dec: Redskins v. Eagles, Auxiliary serving Chili & Cornbread, 1pm
- 17 Dec: Open Mic Night w/ Guitars 4 Vets, 6-10p
- 24 & 25 Dec: POST CLOSED

## GWOTE Happy Hour: 17 Nov, 5 – 8pm

## Post 3150 on Social Media!

Follow us on Facebook to see all of our upcoming events, pictures, updates to our hours, and information on other veteran related events in the area! Our Facebook page is public which means you don't have to have an account to see the information we post here.  
<https://www.facebook.com/VFWPost3150>  
John Lyon VFW Post 3150 is also on Meetup.com. This service allows people to search for events in their area or by specific interest. We post our upcoming events here too!  
[www.meetup.com/John-Lyon-VFW-3150](http://www.meetup.com/John-Lyon-VFW-3150)  
We are now on Instagram! Follow us @vfwpost3150

## Voice of Democracy and Patriot's Pen:

The deadline for getting any essay contest entries to the Post is **6 pm, Wednesday, 2 November.**

## VFW Auxiliary

Membership in the VFW Auxiliary is open to men and women whose spouse, parent, grandparent, child, grandchild, sibling (and half-sibling who attain the status prior to the age sixteen) was or is eligible for membership in the Veterans of Foreign Wars of the United States of America.

Documentation is required as it is for the Post. Members must also be at least sixteen years old. Those whose family members might be interested can get further information at the Post ***and*** <http://www.vfwauxiliary.org/programs-page/membership/>, where additional info is also available.



*Happy Thanksgiving!*

# VFW Post 3150 Community Thanksgiving Dinner

John Lyon VFW Post 3150  
2116 19th St N, Arlington, VA 22201



John Lyon Post 3150 cordially invites all active duty, veterans, and community members for an afternoon of fellowship, camaraderie, football, and a fantastic Thanksgiving meal. Join us to celebrate and give thanks as a community!

Thanksgiving dinner is provided at no cost; cash bar.

All are welcome!

**Special Post Hours 2pm – 8pm**

**Dinner served at 4pm**

- Are you interested in sponsoring this event?
- Are you interested in volunteering to help us on Thanksgiving?
- Do you need help getting to the Post on Thanksgiving?

Contact us at [johnlyon8150@gmail.com](mailto:johnlyon8150@gmail.com)



**JOHN LYON VFW POST 3150**



<<< (l to r) Desi Gurule, Elizabeth Pletcher, Mike Ross, and J.Gary Wagner man the Post 3150 booth at the recent Service Members Appreciation Day held at Joint Base Myer-Henderson Hall, The group provided VFW and Auxiliary information to active military troops during the games, food, and appreciation ceremonies. Ryan Apperson also stopped by the booth.

# Recent Events Around the Post

(l to r) Desi Gurule, Al Santana, Krysti >>> Corbett, Ryan Apperson, Nic Hatfield, Commander David Hanisch, Brenna McVaney, Deshaun Artis, Max Hricz (Post 9274) , and J.Gary Wagner gather to cut the cake during ceremonies marking the VFW's 117<sup>th</sup> Birthday on VFW Day.



<<< Navy Veterans Jolly Bittick (left) and M.C. "Connie" Agresti cut into the cake marking the U.S. Navy's 241<sup>st</sup> Birthday during ceremonies recently held at the Post.

## Vet Concert Series

Post member Nic Hatfield joins >>> Danielle "Dani" Figueroa ("Sgt Fig") during the Post's Veterans Concert Series on a recent Friday night. Dani has performed several times in recent months at Post 3150. Nic, who has also performed several times at the Post, is a member of the local rock group, Shut It Down.






# VFW 3150

## November 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 Friday Night Dinner, 6-9 pm  Trivia Night, 7:30 pm	5  Buddy Poppy distribution, Fort Myer, 8 am – 2 pm
6  Daylight Savings Time ends  NFL Football 1 pm	7	8  <b>ELECTION DAY</b>  <b>VOTE!!</b>	9  GRIST mtg 7:30 pm	10  USMC Birthday 8 pm  Cookout 5 - 8 pm	11 <b>VETERANS DAY</b>  John Lyon Mem 11am Clarendon 1 pm  Cookout 4 – 7 pm.	12  UFC 205, 6 / 10 pm
13  NFL Football 1 pm	14  House Committee & O Call 7 pm	15  VFW Aux Meeting 7:30 pm	16	17  Iraq / Afghanistan / GWOTE vets Happy Hour, 5 – 8 pm	18	19  Thanksgiving Basket Prep & Delivery 9:30 am  Post 82 <sup>nd</sup> Birthday 7 pm
20  NFL Football 1 pm	21  Post Meeting 7:30 pm	22	23	24  THANKS-GIVING DAY  Potluck Dinner 4 pm	25  POST CLOSED	26
27  NFL Football 1 pm	28	29	30	 Happy Thanksgiving!		



**JOHN LYON POST # 3150**  
**"All American Post"**  
**Veterans of Foreign Wars**  
**2116 North 19<sup>th</sup> Street**  
**Arlington, Virginia 22201-3514**

**Dated Material Please Do Not Delay**  
November 2016



**VFW Post 3150**  
**Veterans Day 2016 Weekend Schedule**

**Buddy Poppy Distribution: throughout**

**Sat, 5 Nov: Buddy Poppy Concentrated Distribution,**  
**Fort Myer Commissary, 8 am – 2 pm**

**Thur, 10 Nov: 5 - 7 pm Cookout (burgers and dogs) \$10.00)**

**8 pm USMC Birthday: Cake Cutting. Post open 4:30 – 11 pm**

**Fri, 11 Nov: Post open 3- 10pm**

**11 am John Lyon Wreath Laying Ceremony,**  
**Cherrydale War Memorial**

**11:30 am – visit to Sunrise Senior Living Home, Glebe Road**

**1 pm Arlington Wreath Laying Ceremony,**  
**Clarendon War Memorial**

**Cookout 4 – 7 pm. Suggested donation \$10**

**Sat, 12 Nov:**

**UFC 205, 8/10 pm. Finger foods 3 – 6 pm**

**Sun, 13 Nov: NFL Football, 1 – 7 pm**