

The John Lyon Gazette

Volume 19, Number 5

November 2012



Veterans of Foreign Wars
John Lyon Post #3150
2116 North 19th Street
Arlington VA 22201
703-525-0108/fax 703-525-8055
<http://www.vfw3150.org>



The John Lyon Gazette: Winner of 1999, 2003, 2004, 2007, 2009, 2010, and 2011 Clair B. Poff Public Relations Award for Outstanding Newsletter, and Winner of National Awards for 2010, 2011

Veterans Day 2012



30th Anniversary of the Vietnam Veterans Memorial

On March 26, 1982, 100 Vietnam veterans, at the same time, dug into the earth on the National Mall to break ground for the Vietnam Veterans Memorial in Washington, D.C. In the following months, the black granite memorial took form with the names of those who were killed or remain missing in action. It was dedicated on a cold November 13, 1982. In later years, two statues were added to the area, the first with three soldiers looking out over the wall, and the second, with three nurses with a wounded soldier waiting in anguish, possibly for a med-evac. With 4.4 million visitors each year, "The Wall" remains the most-visited memorial in the nation's capital. A number of ceremonies are planned this year over Veterans Day weekend to mark the thirtieth anniversary of its dedication.

From the Senior Vice Commander:

For those who have served or love someone who has served, November marks an important month for us. Many of us know all too well the sacrifices men and women make and have made serving this Great Nation throughout our history. This is culminated in a day of remembrance on the 11th and dare I say a day of appreciation. Appreciation that so many before us, stood up for us and chose to fight for us, to protect us, and to preserve our way of life. Ensuring that every man and woman receive certain unalienable rights. Rights bestowed upon every American citizen, no matter color, gender, orientation, religious affiliation, etc. The rights of every American citizen include the right to vote. I encourage everyone to get out and exercise that right this November 6th as this is your time to have a say in you Nation's future.

November will be a busy month for us at 3150. In addition to the regularly scheduled brunches, we will also be celebrating the Marine Corps Birthday on the 10th. Please come by the post and join in the celebration! We will also be preparing Holiday Baskets for both Thanksgiving and Christmas for local families.

As always, the events mentioned above require the help of our loyal volunteers. We need your help to continue our support within the community. Without you as members volunteering your time, we would not be able to support hospital visits at the VA Medical Center in DC, conduct highway cleanup on Lee Highway, serve brunches to our friends and family, celebrate the birthday of our services, and many more activities. We need your support, so please take a moment and try to help out when you can!

Respectfully,
Michael McCartney
Senior Vice Commander

P.S. Please keep Commander Carter in your thoughts and prayers as he recovers from an accident in N.C.

From the President of the Ladies Auxiliary:

Dear Comrades and Auxiliary Members:

November is a time of reflection and this spoken by Charles Dickens seems to fit very well: "Reflect upon your present blessings – of which every person has many – not just on your past misfortunes, of which everyone has some."

This time of the year the Ladies Auxiliary starts working on one of our largest projects which is our Cancer Aid and Research (CAR) donation that we deliver to the Department Conference in June each year. We work all year for this donation. We give the tips we earn at brunch (2nd & 4th Sunday of each month). We just had a jewelry sale and earned \$448.00 (and we aren't done yet). We sold cook books for \$15.00 and \$5.00 from each sale went to our CAR. (So if you bought one, thank you very much) We are going to have a yard sale and we will see what else we can do.

Two things happen with the money we donate for CAR; National awards a Research Fellowship Grant, a two year \$100,000 research award to an accredited Cancer Research Center. A panel of physicians and researchers review the applications submitted and select the doctor with the most innovative and promising research ideas. Universities, hospitals and other institutions have been recipients of the award.

Our donation funds Cancer grants which are available to any Ladies Auxiliary member (in good standing for at least one year). If you are undergoing a cancer treatment you can obtain an application from our Auxiliary by calling our Post and leaving a message for me or Gail Hoffman, Auxiliary Treasurer. Or you can print the form from www.ladiesauxvfw.org. The form needs to be filled out by your doctor and mailed to National Headquarters. There is a limit of two grants per lifetime and they must be 12 months apart. Eight years ago, I benefited from Cancer Research. I also applied for a grant which helped me buy a wig and pay some out of pocket expenses. Many of our members are Cancer Survivors, some more than once. I marvel at how far research has come and each year, each donation gets us closer to a cure.

Check the calendar on the back of this Newsletter for November events; it is a busy month for our Post. This November brings the Presidential election, Marine Corp Birthday, Veterans' Day memorial services, the preparation of Thanksgiving baskets for our USO families and then Thanksgiving Day.

On our Membership Application pamphlet, (which you should have one in your purse or pocket at all times) are these words: “Celebrate the Freedoms we enjoy in America by Volunteering.” **We need your ideas, energy and enthusiasm to help our Veterans.** Take care of yourself and please remember our military personnel and their families in your prayers.

Lola D. Kane
President, Ladies Auxiliary 3150

From the President of the Men’s Auxiliary:

Greeting from the President of the Men’s Auxiliary:

The Holidays are here and it’s time to eat some turkey, trim the tree and enjoy the season with our families. It’s also time for the John Lyon family to shine. The plans for sharing food, clothing, and toys for those Veteran families in need are set in motion and this year promises to be special...again. I remember watching all those families last year enjoying their special day at the Post. It was a great pleasure for me to provide a little comfort to those families at a very special time of the year. The Men’s Auxiliary is prepared to help out in any capacity we can again this year.

I want to take a moment to thank all those folks who work so hard to make John Lyon Post 3150 a success. There are too many of you to list in this column but I want to personally thank all those people who work at and on behalf of the Post in all capacities. Many hours of hard work and dedication is why the Post is where it is today. Working together, the Post membership and Auxiliaries have made John Lyon a leader in the District, State, and Nation. Thank you for your continued hard work and dedication.

During the Holidays, please keep in your mind, heart, and prayers those soldiers who risk their lives every day so that we can continue to enjoy our freedoms. They are true heroes and they deserve our respect, admiration, praise, and support every day. Without their dedication and sacrifice to our country, we would not have the freedoms that too many of us take for granted. The very next time you see a soldier in uniform or a Veteran, take a

moment to thank them for their service to our country. You will be greeted by the smile of a hero.

Finally, please be safe during the Holidays and enjoy the Season.

Respectfully,
Mike “Red” Lowe,
President, Men’s Auxiliary 3150

From Your Post Service Officer

U.S. Department of Veterans Affairs Health Care Benefits

Part 1 of 14

VA operates the nation’s largest integrated health care system with more than 1,400 sites of care, including hospitals, community clinics, community living centers, domiciliary, readjustment counseling centers, and various other facilities. For additional information on VA health care, visit

www.va.gov/health.

Basic Eligibility

A person who served in the active military, naval, or air service and who was discharged or released under conditions other than dishonorable may qualify for VA health care benefits. Reservists and National Guard members may also qualify for VA health care benefits if they were called to active duty (other than for training only) by a Federal order and completed the full period for which they were called or ordered to active duty.

Minimum Duty Requirements: Veterans who enlisted after Sept. 7, 1980, or who entered active duty after Oct. 16, 1981, must have served 24 continuous months or the full period for which they were called to active duty in order to be eligible. This minimum duty requirement may not apply to veterans discharged for hardship, early out or a disability incurred or aggravated in the line of duty.

Enrollment

For most veterans, entry into the VA health care system begins by applying for enrollment. To apply, complete VA Form 10-10EZ, Application for Health Benefits, which may be obtained from any VA health care facility or regional benefits office, on line at

www.1010ez.med.va.gov/sec/vha/1010ez/ or by

Post to Mark 78th Birthday

John Lyon Post 3150 will celebrate its 78th birthday at 7 pm on Tuesday, 20 November. The Post was chartered on 20 November 1934. All members are invited to join in the celebration.

Welcome to Our New Members

Welcome to new Post members Nicholas Artuso (USMC – Iraq)(Trans)(Life12), and welcome back to Stancia Alvarez and Michael Alvarez, both Army veterans who served in Korea.; and to new Ladies Auxiliary member Yvonne Carrick, all elected during October meetings and whose paperwork is complete.

Auxiliaries Dinner

The Ladies and Men's Auxiliaries will host a dinner on Sunday, 4 November from 4:00 – 7:00 pm. The menu will be two stuffed pork chops, mashed potatoes and gravy, green beans, salad, roll, and dessert, all for only \$13. RSVP to 703-525-0108. Come and enjoy the Redskins game at 1 pm and stay for the dinner!

Post to Offer Football Game Food

On **non-Brunch** Sundays during Football Season, the Post will open at 1 pm and will offer Steak and cheese subs w/ chips for \$7. On Brunch Sundays, the Post will offer the Shrimp (\$8.00) and sliders (\$4.25) after 2 pm. Pitchers of draft beer will also be available for \$5.00.

Sunday Brunch \$8.00
2nd and 4th Sundays
9 am - 12 noon
Kids under 10 eat free

U.S. Marine Corps Birthday
10 November 2012
Saturday, 8 pm

Service Officer, continued

calling 1-877-222-VETS (8387). Once enrolled, veterans can receive health care at VA health care facilities anywhere in the country.

Veterans enrolled in the VA health care system are afforded privacy rights under federal law. VA's Notice of Privacy Practices, which describes how VA may use and disclose veterans' medical information, is also available on line at www.va.gov/vhapublications/viewpublication.asp?pub_ID=1089

The following four categories of veterans are not required to enroll, but are urged to do so to permit better planning of health resources:

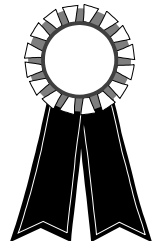
Veterans with a service-connected disability of 50 percent or more.

Veterans seeking care for a disability the military determined was incurred or aggravated in the line of duty, but which VA has not yet rated, within 12 months of discharge.

Veterans seeking care for a service-connected disability only.

Veterans seeking registry examinations (Ionizing Radiation, Agent Orange, Gulf War/Operation Iraqi Freedom and Depleted Uranium).

Be a Winner
Vote!
Tuesday,
6 November



Vietnam Reflections Print

A numbered copy of Lee Teter's noted *Reflections* painting was donated to Post 3150 by Post member John Valloric to use as a fund raiser. The painting shows a veteran's sorrowfully touching the Vietnam Wall while his lost comrades return the gesture. The Post will have a drawing for the framed print on Veteran's Day weekend. Tickets are \$1 each or six tickets for \$5. Get them at the Post or send a check payable to VFW 3150 to the address at the top of the newsletter first page. See the painting at <http://www.vietnamreflections.com/>

You can also get a glimpse in the Navy Birthday photo later in this issue.

Students, Teachers: Deadline is now!

The deadline for **Voice of Democracy** (audio essay contest for grades 9 through 12), **Patriot's Pen** (essay contest for grades 6, 7 and 8), and **Teacher of the Year** (top elementary, junior high and high school teachers who teach citizenship education topics regularly and promote America's history and tradition) is at the Post by 9 pm, Thursday, November 1, 2012.

Scout of the Year

Any Eagle Scout, Girl Scout Gold Award recipient, Venture Silver Award recipient, or Sea Scout Quartermaster may qualify. Deadline is March 1, 2013. Early submission / interest by end of December may provide opportunity for additional trip for Scout. Awards up to \$5,000. Information and forms may also be obtained at <http://www.vfwva.org/programs.htm>. Or call Post 3150 at 703-525-0108 for further information.



High Schoolers: Art Contest

The Ladies Auxiliary yearly holds the Young American Creative Patriotic Art contest for grades 9, 10, 11 or 12. Deadline is March 31, 2013. See <http://www.ladiesauxvfw.org>, then Programs, then Scholarships, then Young American Creative Patriotic Art Brochure.

Public Service Nominations due 26 Dec

Nominations for Public Service Awards --- **Law Enforcement Officer, Firefighter, and EMT of the Year** --- are due at the Post by 26 December --- not 26 October as reported previously. Nominations include a letter of nomination and up to several pages of supporting documentation.

Membership Drawing Winners

Congratulations to the winners of the October 2012 VFW Membership Drawings from those who renewed since 1 July. They will have their annual dues paid for next year, or in the case of new Life Member Joseph Cannon, he will be reimbursed the cost of annual membership.

Group A (>70): Joseph P Cannon, Fairfax, VA
Group B (61-70): George Jordan, Alexandria, VA
Group C (51-60): John A Dreswick, Arlington, VA
Group D (41-50): Christopher Hager, Vienna, VA
Group E (31-40): Jennifer McNamara, Alexandria, VA
Group F (<31): Matthew Oliver, Alexandria, VA

Help?

The busy brunch and dinner schedules mean the Post and Auxiliaries could often use some extra hands, whether cooking, serving, cleaning-up or washing dishes. If you've got some time, please consider offering a helping hand for one of these events.

Hours for Post Canteen

The Post Canteen is open as follows:

Sun (1 st , 3 rd , 5 th)	1 pm – 9pm
Sun (2 nd , 4 th , "Brunch")	9 am – 9 pm
Mon - Thurs	3 – 9 pm
Fri	3 – 9 pm
Sat	3 pm – 9 pm
Holidays	open by 3 pm

Electronic Newsletter Address Changes Cost Post \$\$

Because we use the third class rate for the Post newsletter, and the required "Address Service Requested" line above the address label, the Post Office charges us 70 cents (sometimes double due to overlapping dates) to forward your newsletter and send us your new address. **PLEASE let us know before you move!** You can email the Adjutant at adjpost3150@va.vfwwebmail.com. Or call the Post at 703-525-0108. **You can also request to receive the newsletter in color by email the same way.**

HELP THE BUDDY POPPY TEAM!



In honor of Veterans Day (celebrated around the world as Remembrance Day or Armistice Day), John Lyon VFW Post 3150 will again distribute Buddy Poppies over the holiday weekend. Volunteers are needed..

Donations received for Buddy Poppies continue to represent the primary means for the Post to rejuvenate its Relief Fund. National By-Laws restrict the use of Relief Fund proceeds to the care and assistance of needy veterans, their families, Americanism education, and to commemorating and perpetuating the memory of our deceased comrades.

National By-Laws also limit the distribution of buddy poppies to the immediate geographic vicinity of our Post (i.e., the County of Arlington). Men's and Ladies Auxiliary members who participate will see the funds they collect distributed to the relief funds of their respective auxiliaries. There will be bags containing 200 poppies and two cans each for volunteers. Be sure to get the permission of any store you collect in front of. Please mark the cans with your name, location, and date. All cans and unsold poppies must be returned to the Post no later than Saturday, November 17. Thank you for your assistance.

Buddy Poppy Facts

Poppies were first distributed in 1922 to raise funds for widows and orphans from World War One.

The VFW trademarked the Buddy Poppy in 1924.

The poppy was chosen as the representative flower due to the poem "*In Flanders' Fields*" penned by Canadian Col. John McCrae, who did not survive the war.

Buddy Poppies are still assembled by disabled and needy veterans in VA Hospitals



Thanksgiving Baskets

Post and Auxiliaries members will prepare Thanksgiving baskets including turkeys and all the trimmings necessary for a festive holiday dinner for junior enlisted personnel at nearby Fort Myer. The preparations will begin at 11:30 am on Saturday, 17 November. Delivery to Fort Myer will follow. Come join in with this spirit of Thanksgiving.

Thanksgiving Dinner

Depending on matters still to be determined, the Post may be serving Thanksgiving Dinner from 1 - 4 on Thursday, 22 November. Please call the Post at 703-525-0108 to verify and for reservations, by 9 pm Monday, 19 November.

Upcoming Next Month

Not counting Sunday brunches and the normal meetings, the following are the highlights of next month's calendar. See next month's newsletter for more details.

Sat, 1 Dec: VA Hospital Visit, TBD at Post

Sun, 2 Dec: Tenth District Meeting, Leesburg
Post 1177, 1 pm (VFW only)

Fri, 7 Dec: Pearl Harbor Remembrance, 7 pm

Sat, 10 Dec Toys for Tots Benefit Pig Roast, 4 - 7 p

Sun, 11 Dec: Toys for Tots, 12 noon

Fri, 16 Dec: Christmas Basket prep, 7:30 pm

Sat, 17 Dec: Children's Christmas Party, 11 a - 1 p

Post / Auxiliaries Christmas Party, 4 - ?pm

Sun, 23 Dec: NO SUNDAY BRUNCH

Why 3150?

One former member recently wrote: "I have been disappointed by the lack of communication and everything else with the current post I belong to here ...to the effect I dropped my membership. (I) and my husband would like to become (3150) members again."

Where We Live

This is our annual survey of where members of Post 3150 live. Among the members who were current as of 1 July or who have joined since then, the following is the mailing address breakdown: Virginia: 398, Maryland: 28, Florida: 21; North Carolina and Washington DC: 18 each; Europe / Middle East (APO AE) and Texas: 12 each; Pennsylvania: 10; New York: 8; California: 6; Georgia: 5; Hawaii, Illinois Ohio, South Carolina, and West Virginia: 4 each; Arizona, Delaware, Indiana, Maine, Missouri, New Mexico, Nevada, Oregon, and Tennessee: 3 each; in Alabama, the Pacific areas (APO AP), Central America (APO AA Colorado, Kansas, Kentucky, Massachusetts, Minnesota, Utah, and Wisconsin, there are 2 each.); Alaska, Connecticut, Louisiana, Michigan, New Jersey, Oklahoma, Puerto Rico, South Dakota, Vermont, and Wyoming all have 1 each. Three members remain "Lost".

The Ladies Auxiliary 3150 membership, as of October 2012, is as follows: Virginia: 91; New York: 10; Florida and Maryland: 5 each; California and North Carolina: 4 each; In Colorado, Illinois: and Texas, there are 3 each. District of Columbia, Indiana, Michigan, Missouri, and New Jersey, have 2 each. In Arizona, Europe/ Middle East (APO AE), Georgia, Massachusetts, Maine, Nebraska, Nevada, Ohio, Oregon, South Carolina, South Dakota, Tennessee, Utah, and Wisconsin have 1 each.

The Men's Auxiliary 3150 membership, as of October 2012, is as follows: Virginia: 38; Colorado: 3; Arizona, Maryland, North Carolina, New York, Pennsylvania, and Wyoming: 2 each. In Florida, Kentucky, Missouri, Nevada, and South Carolina, there is 1 each.

Most of the out-of-staters are folks who joined John Lyon when they lived here and have now moved to another location and kept their memberships here, or are family of John Lyon members.

Renew Post Membership

Post members can renew their memberships or convert to Life with or without a renewal notice from National. There are three ways to renew. First, return the notice from National with check or charge information. Second, charge your dues on-line at www.vfw.org. Click on Login in the upper right corner, and login or create your account as necessary. Then click Member Services. You will need your membership number, found on your membership card or above your name on the mailing label of your VFW magazine. Third, mail or bring your dues to the Post. Annual dues are \$30.

Renew Auxiliary Membership

Members of the Ladies and Men's Auxiliaries may renew their memberships by sending a check to their Treasurer at the Post Address on the first page. Ladies Auxiliary (\$25 or Life membership), or Men's Auxiliary (\$30).

From the John Lyon Past...

From *The Alexandria Gazette*, 20 November 1934,
page 2:

"Foreign War Veterans To Install Officers

"CLARENDON, VA --- John Lyon Post, No. 3150, Veterans of Foreign Wars, recently organized in Arlington County, will be installed at a special meeting in Moose Hall in Clarendon at 8 o'clock tonight. The post is named for the late John Lyon, a native of Arlington County.

"The exercises will be conducted by O.W. Hallingsworth, past department commander of the District of Columbia. Among the guests will be Commander Millard Finnell, of Russell Mitchell Post, No. 609, of Alexandria, and Owen Creegan, department chief of staff of the Russell Mitchell Post. Permanent officers of the post will be elected at the December meeting."

Veterans Day Special Events

Post Veterans Day Ceremonies

John Lyon members will gather at 11 am on 11 November, Veterans Day at the “John Lyon Memorial” --- across the street from the Safeway (3713 Lee Highway) on the grounds of the Cherrydale Healthcare Center --- for a short ceremony. And again at 1 pm at the Clarendon War Memorial for joint ceremonies with the American Legion posts and other organizations. This memorial is in the center of Wilson and Clarendon Boulevards where Washington Boulevard crosses and is at the Clarendon Metro stop. Both events are family-friendly and an ideal event to reinforce history and patriotism for your sons and daughters -- or grandchildren, if they’re visiting.

It is expected the Post will also lay a special wreath at Clarendon to honor L/CPL Niall Coti-Sears, a Marine and an Arlingtonian who was killed in Afghanistan.

Vets to Wear Medals on Veterans Day

Several years ago, the Honorable R. James Nicholson, then Secretary of Veterans Affairs, and leaders of major veterans organizations asked veterans to wear the medals they earned during military service. The campaign continues this year.

Arlington National Cemetery New website

Arlington National Cemetery has a new website at www.ArlingtonCemetery.mil.

Read about it at:

<http://www.marinecorpstimes.com/news/2012/10/a-p-arlington-cemetery-debuts-interactive-map-102212/>



Vet Day Discounts

A number of restaurants and other companies offer free thank yous to veterans on or near Veterans Day.

McCormick & Schmick’s, Applebee’s, Golden Corral are among the original restaurants offering free meals from a special menu, but a number of others have joined in recent years. A current or retired military ID, a DD-214, a leave and earnings statement or other proof of service --- and in some cases a VFW or American Legion membership card --- is required. Reservations are encouraged for some.

Some web pages to checkout for further information and menu offerings:

<http://www.applebees.com/veterans-day-menu/>
and <http://www.applebees.com/locations>,
<http://www.goldencorral.com>, and
<http://freebies.about.com/od/freefood/tp/veterans-day-free-meals.htm>

A local invitation from John Paul Thomas, General Manager, California Pizza Kitchen, Pentagon Centre: He writes:

“California Pizza Kitchen in Pentagon Centre would like to invite all veterans and active military to have a meal on us* on Sunday, November 11th (Veterans Day) or Monday, November 12th. It’s our small way of saying thanks for the tremendous commitment, sacrifice, and heroism that our service men and women have shown.

“*Enjoy any pizza from our menu, along with a non-alcoholic beverage. Please come in uniform or bring your military ID or other proof of service.”
1201 S. Hayes Street, Unit F, Arlington, VA 22202
703.412.4900. www.cpk.com

Recent Events Around the Post

Preparing to cut the cake to celebrate >>> “VFW Day” --- the VFW’s 113th Birthday --- are Past Commander Richard Hoffman and Ladies Auxiliary President Lola Kane. The cake cutting was preceded by a brief story of the VFW on the anniversary of the founding of the combat veterans organization.



<<< Earl “Butch” Hovermill, J.Gary Wagner, Nick Elder, Frank Allen, and Marcie Anderson pause following ceremonies honoring Gold Star Mothers, held recently at the Post.

Navy Birthday

Post members --- and Navy veterans --- >>> gathered at the Post to celebrate the anniversary of the founding of the U.S. Navy on its 237th birthday. From the left are Navy vets M.C. “Connie Agresti”, Nick Elder, and Eric Anderson who cut the cake.



Recent Events Around the Post



Two flag presentations were recently made at the Post. Above left, Junior Vice Commander Alexander Nobles presents to Senior Vice Commander Michael McCartney a flag which flew over the compound of the Battalion Headquarters of the U.S. Balkans National Support Element, Camp Film City, Kosovo. The flag was arranged and sent by Post member Tim Bushee stationed at the battalion. On the right, Post member Adrian Haynes presents a flag which flew over the Pentagon to McCartney. Both presentations were made during the recent Post meeting.

Southern Conference Williamsburg, VA



(Clockwise from upper left) Lola Kane and Karen Stewart help out with registration. State President Cathy Graham addresses the joint opening session. Margo Sheridan and J.Gary Wagner catch a break in the hotel lobby. "Doc" Crouch, who took about 900 photos, was actually in two of them. State Commander Margo Sheridan addresses the conference during the annual banquet. The Southern Conference meeting rotates among the 14 states in the conference and is held during the Fall. Over 400 VFW and Auxilairy members attended and made it one of the largest in recent history. And according to many, it was one of the best.

VFW 3150 November 2012



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 VOD, Patriot's Pen and Teacher deadlines 9 pm	2	3
4 Daylight Savings Time end Auxiliaries Pork Chop Dinner, 4 - 7 RSVP	5 House Committee & O Call 7 pm	6 ELECTION DAY VOTE!!!	7	8 Post Meeting 7:30 pm	9 Finger foods 5 - 8 pm	10 USMC Birthday 8 pm Cookout 4 - 7 pm
11 VETERANS DAY Sunday Brunch 9 am - 12 n John Lyon Mem 11am Clarendon 1 pm Cookout 4 - 7 pm	12 VETERANS DAY holiday Open House 2 - 4 pm	13 Men's Aux Meeting 7:30 pm	14	15 Ladies Aux Meeting 7:30 pm	16	17 Thanksgiving Basket Prep & Delivery 11:30 am
18	19 RSVP for possible Thanksgiving Day Dinner 9 pm	20 Post 78th Birthday 7 pm	21	22 possible THANKSGIVING DAY Dinner 1 - 4 pm	23 	24
25 Sunday Brunch 9 am - 12 n	26	27	28	29	30	1 Dec VA Hospital Visit, TBA

Happy Thanksgiving
Call 703-525-0108 for reservations



JOHN LYON POST # 3150
“All American Post”
Veterans of Foreign Wars
2116 North 19th Street
Arlington, Virginia 22201-3514

NON-PROFIT ORG
U.S. POSTAGE
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Merrifield, VA
Permit No. 9209

Dated Material Please Do Not Delay

November 2012

Address Service Requested

VFW Post 3150
Veterans Day 2012 Weekend Schedule

Buddy Poppy Distribution: throughout

Fri, 9 Nov: 5 – 8 pm (finger foods*)

Sat, 10 Nov:

4 - 7 pm Cookout (chicken and ribs*)

8 pm USMC Birthday: Cake Cutting

Sun, 11 Nov: Sunday Brunch 9 am - 12 noon \$8.00

**11 am John Lyon Wreath Laying Ceremony,
Cherrydale War Memorial**

**1 pm Wreath Laying Ceremony,
Clarendon War Memorial**

4 – 7 pm Cookout (burgers and dogs*)

Mon, 12 Nov: Open House 2 – 4 pm misc. favorites*

DJ Music: various times throughout

*** cost is your donation**