

The John Lyon Gazette

Volume 17, Number 5

November 2010



**Veterans of Foreign Wars
John Lyon Post #3150
2116 North 19th Street
Arlington VA 22201
703-525-0108/fax 703-525-8055
<http://www.vfw3150.org>**



The John Lyon Gazette: Winner of 1999, 2003, 2004, 2007, 2009 and 2010 Clair B. Poff Public Relations Award for Outstanding Newsletter, and Winner of National Second Place Award for 2010



Commander Nelson Betancourt accepts an automatic external defibrillator (AED) from (left) James M. Betz, Program Coordinator, George Washington University (GWU) Lifesavers AED Program, and Chris Chiames, Executive Director, GWU Cheney Cardiovascular Institute. The defibrillator was provided thanks to a grant from the GWU Cheney Cardiovascular Institute and now hangs in the Post.

When a person's heart stops beating and starts quivering erratically, stopping blood flow to the body, a life saving pulse of electricity must be delivered quickly in order to restore the normal rhythm. Emergency assistance provided in an interval of under three minutes can increase the chance of survival to 74%. The AED at the Post will help to deliver that response, if needed, until the emergency team arrives.

From The Commander:

As we approach our first 'quadrimestre', I'd like to bring everyone up to speed on how the Post is doing.

First off, all required reports for the first half of the year have been duly submitted. These include: Youth, Americanism, Homeless Veterans, Community, Safety, and Hospital reports. This means that the Post has conducted at least one significant event or activity which addresses a specific goal within each category. The same goes for Buddy Poppies, National Military Services, the Post Inspection and Quartermaster Audits.

Our Post membership currently stands at almost 93%. We need to get over 100% in order for the Post to be in the running for the "Operation First Strike" \$1,000.00 raffle. I believe we can reach that goal before January. But only you can make it happen, so let's get those crucial renewals in now. And if you know of a qualifying veteran or service member – bring them by the Post and be sure to ask them to join.

Thanks to a generous grant from the GWU Cheney Cardiovascular Institute, and in close collaboration with the ReStartDC Program, our Post has implemented its Public Access Defibrillator Program. In other words, we now have an "Automated External Defibrillator" (AED) on the premises. It's available for anyone to use in the event we ever have a sudden cardiac arrest medical emergency in the Post. We are the first Post in District 10, and quite possibly in the state of Virginia, to have one.

The Post's backyard was recently re-sodded and it looks great. We just need to stay off of the grass for a short while longer. The outdoor tables were also recently cleaned and painted – thanks Mike McCartney, great job! Since June, the Post has also hosted some nine brunches, a couple of dinners, a couple of cookouts, a hospital visit, a District meeting, and a highway cleanup. A special thanks to Bob Grady and the A-Muse band for playing and entertaining us during our last GWOT night. All in all - my sincere thanks to everyone who's participated and pitched in!!!

So what's next on the agenda? In November we'll be judging VOD and Patriot's Pen submissions, as well as the Teacher of the Year and the Gold Medal award nominations. We'll also have the Marine Corp Birthday celebration, Veteran's Day ceremonies, John Lyon 76th Anniversary celebration, and Thanksgiving Day dinner and Food Baskets preparation and delivery. Afterwards in December – our special Christmas Hospital visit (we look forward to having Santa along with us again this year), the Christmas Food Baskets preparation and delivery, and the children's Christmas Party. Hopefully this year we won't get snowed in again!

And speaking of Christmas, if you're like me, from time to time you run out of ideas on what gifts to get loved ones. So next time why not consider giving a Life or Annual Membership in the Post or an Auxiliary? Instead of the purse and perfume, or the necktie and socks --- bringing someone into the VFW family is a gift like no other. Few organizations even come close to offering the sense of family and belonging that we do; plus, there's always the opportunity to help make somebody's life just a little bit better with the community work we do. Just one thing, don't wait 'till Christmas, do it now!

There are a couple of special and exciting projects under consideration right now, but I'll have more on those in my next report.

Yours in comradeship,

Nelson Betancourt, Commander, VFW Post 3150

"I learned that good judgment comes from experience and that experience grows out of mistakes."
- **General Omar N. Bradley, US Army**

From the President of the Ladies Auxiliary:

Hail and Greetings:

Autumn is a beautiful season to reflect on the many blessings for which we are grateful. I am especially thankful for our John Lyon family. I think of our great county and the sacrifices of our veterans and their families who have made it possible for us to enjoy our freedom. And I give thanks for and pray for our men and women in uniform serving all over the country and the world.

Our Department President Betty Gimble's message is "Honor, Respect and Remember our Veterans". We will think of this especially on Veterans Day, when we lay wreaths at the John Lyon and Clarendon War Memorials. Please join us as we also thank our veterans for their service.

This year's handcrafted queen-size quilt for our annual Cancer Aid and Research Fund is another beautiful creation donated by Mrs. Peggy Stoll. Be sure to get your raffle tickets for the quilt drawing which will be held on Thanksgiving Day. We will contact the lucky winner if you are not present.

We are pleased to give a warm welcome to new Life Member Colleen Martin who joins her husband, Jack Parker as a new member of our John Lyon Family. Colleen and Jack have two little girls who enjoy our brunch as much as we enjoy serving it!

Sisters, our next meeting is Thursday November 18 at 7:30. Please attend and provide your valuable input.

Happy 235th Birthday and Semper Fidelis to the United States Marine Corps on November 10th. "Good night, Chesty Puller, wherever you are!"

In Fortitude and Loyalty,

Mary Anne McCormick, President, Ladies Auxiliary, VFW Post 3150

From the President of the Men's Auxiliary:

Greetings One and All,

Sadly no new members this month.

Tired of trying to be clever.

Tanks to every one attending the recent lasagna dinner. And thanks to all the great help at that dinner. Special thanks to Tim Drumheller from McLean Post 8241 Men's Auxiliary for his able assistance.

Please, everyone reading this, join me at the Post to thank all the veterans for their service during the Veterans Day observances as well as the Marine Corps birthday celebration.

See you next month.

William .L. Binkley, President, Men's Auxiliary 3150

Welcome to Our New Members

Welcome to new Post members, Mark Giacovelli (Army - Iraq /Afghanistan), Douglas T Hoffman (USMC - Iraq) (trans), Cornelius "Neil" Putnam (Army - Afghanistan), Adam Samuel Roth (Navy - Iraq /Afghanistan) (Life trans), William H Veitch (Army - Vietnam), and Alexander Walan (USAF - Afghanistan), and new Ladies Auxiliary member Colleen Martin, all whose paperwork is complete and who were elected at the October meeting.

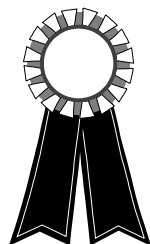
Post to Meet Special Night

The Post meeting in November will be held on Tuesday, 16 November as the normal meeting night would be on the Veterans Day and the Post will be focused on the holiday. The meeting will begin at 7:30 pm.

John Lyon Corporation in Need of Registered Agent

The tragic loss of our comrade Joe McGrail means that the John Lyon Corporation (the incorporated aspect of the Post) needs a Registered Agent. We are seeking any Post or Auxiliary member, preferably one who is an attorney, willing to serve in this capacity on a pro bono basis. For more information please contact Post Judge Advocate Connie Agresti by phone (h) 703-706-5828, (m) 703-919-9794, or (w) 703-275-3410; or email - mcaiii@aol.com. (We also need a Registered Agent for the Tenth District incorporation). Thank you.

**Be a Winner
Vote!
Tuesday, 2 November**



Buddy Poppy Distributions

In honor of Veterans Day (celebrated around the world as Remembrance Day or Armistice Day), John Lyon VFW Post 3150 has again secured the opportunity to distribute Buddy Poppies at the Ft. Myer Commissary. Distribution dates are November 6 and 7 from opening (0700 on Saturday, 0900 on Sunday) until approximately 1500 each day. Volunteers are needed for both mornings and afternoons – please sign up at the Post or email me at mcaiii@aol.com.

Donations received for Buddy Poppies continue to represent the primary means for the Post to rejuvenate its Relief Fund. National By-Laws restrict the use of Relief Fund proceeds to the care and assistance of needy veterans, their families, Americanism education, and to commemorating and perpetuating the memory of our deceased comrades.

National By-Laws also limit the distribution of buddy poppies to the immediate geographic vicinity of our Post (i.e., the County of Arlington). Men's and Ladies Auxiliary members who participate will see the funds they collect distributed to the relief funds of their respective auxiliaries. There will be a sign-up list at the Post and bags containing 200 poppies and two cans each for volunteers. Please mark the cans with your name, location, and date. All cans and unsold poppies must be returned to the Post no later than Saturday, November 13. Thank you for your assistance.

M. C. "Connie" Agresti

Buddy Poppy Facts

Poppies were first distributed in 1922 to raise funds for widows and orphans from World War One.

The VFW trademarked the Buddy Poppy in 1924.

The poppy was chosen as the representative flower due to the poem "*In Flanders' Fields*" penned by Canadian Col. John McCrae, who did not survive the war.

Buddy Poppies are still assembled by disabled and needy veterans in VA Hospitals

Scout of the Year

Scout of the Year: Any Eagle Scout, Venture Silver Award recipient, or Sea Scout Quartermaster may qualify. Deadline is March 1, 2011. Early submission / interest may provide opportunity for additional trip to Valley Forge for Scout.

Further information, including entry forms, brochures, and back ground, are available, except as noted above, at www.vfw.org, then Programs, then VFW Scholarship Programs, then on program of interest (The website is to be revamped so there may be variations in above.). Forms may also be obtained at <http://www.vfwva.org/reports.htm>, then Programs or Forms. Or call Post 3150 after 3 pm at 703-525-0108 for further information.

Thanks!

Post Membership over 93%

Thanks to all members who have renewed their memberships for the year 2010. You have pushed the Post over 93% for the new year. And, of course, thanks to all Life members who automatically put the Post on an early start towards our goal. Those who haven't renewed yet are asked to send theirs in as soon as possible.

Ways to Renew Post Membership

Post members can renew their memberships or convert to Life with or without a renewal notice from National. There are three ways to renew. First, return the notice from National with check or charge information. Second, charge your dues on-line at www.vfw.org. Click on Membership, then Current Members, then Renew Your Membership. You will need your membership number, found on your membership card or above your name on the mailing label of your VFW magazine. Third, mail or bring your dues to the Post. Annual dues are \$30.

Renew Auxiliary Membership

Members of the Ladies and Men's Auxiliaries may renew their memberships by sending a check to their Treasurer at the Post Address on the first page. Ladies Auxiliary (\$25 or Life membership), or Men's Auxiliary (\$30).

Hours for Post Canteen

The Post Canteen is open as follows:

Sun (1 st , 3 rd , 5 th)	12 noon – 9pm
Sun (2 nd , 4 th , "Brunch")	9 am – 9 pm
Mon - Thurs	3 – 9 pm
Fri	3 – 10 pm
Sat	12 noon–10 pm
Holidays	open 12 noon

Were You or Someone You Know Stop-Lossed?

The 2009 War Supplemental Appropriations Act established Retroactive Stop Loss Special Pay (RSLSP), providing \$500 for each month/partial month served in stop loss status. Service members, veterans, and beneficiaries of service members whose service was involuntarily extended under Stop Loss between Sept. 11, 2001 and Sept. 30, 2009 are eligible for RSLSP.

To receive this benefit, those who served under stop loss must submit a claim for the special pay. Throughout the year, the services have been reaching out to service members, veterans and their families through direct mail, veteran service organizations, and the media. But there is still money left to be claimed, and the deadline is approaching. The average benefit is \$3,700.

Individuals who meet eligibility criteria may submit an application no later than 03 December 2010. Eligible members should visit their specific service's Web site and submit their application on-line; on-line submission provides a claim number, allows for automated status updates, and provides a means for the military service to contact the applicant.

If eligible members do not have internet access, they should print, complete and sign Department of Defense Form 2944, Claim for Retroactive Stop Loss Payment. Next, choose the appropriate method for submitting the claim form and available supporting documents based on your service specifications. This information can be found on your service's stop loss Web site or at www.defense.gov/stoploss.

A John Lyon Hello...

...and Congratulations! to Bill and Susan Hoofat, married in August, to Carol and Wilber Rawlings, for a second baby granddaughter, Cadence Rose, born on 17 September, and to Jeremy and Cheyenne Zeimet, new parents of baby boy, Daniel Shawn Zeimet, born 23 September. Also our apologies to Tenth District President Linda Bond whose name was incorrectly given in our October issue.

VFW Launches New Website

The VFW recently launched its new website at www.vfw.org. While there were a few “bumps in the road” the first days, most have been smoothed out and the new site is attractive and provides mostly easy to find information. Members can create their own logon ID to conduct business with the VFW, such as renewing dues, changing address and obtaining certain information. Click on “My VFW” to create an ID and logon. If you created an ID under the old system, it remains valid.

Commander in Chief Dismembers VFW PAC

Commander in Chief Richard Eubank echoed members’ displeasure over recent VFW-PAC endorsements and rescinded appointments to the organization which is actually separate from the VFW. For complete information, see “NEWS and EVENTS” at www.vfw.org.

State to hold Drawing for Harley Davidson Motorcycle

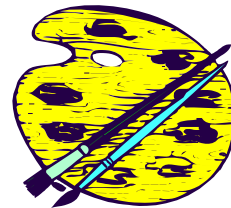
The VFW Department of Virginia will hold a drawing for a new Harley Davidson 2010 Street Glide motorcycle at the Winter Council Meeting in January in Williamsburg. Tickets are only \$20 each or 6 for \$100. Several Post 3150 members have tickets or contact the Adjutant at AdjPost3150@va.vfwwebmail.com.

Thanksgiving Baskets

Post and Auxiliaries members will prepare Thanksgiving baskets including turkeys and all the trimmings necessary for a festive holiday dinner for junior enlisted personnel at nearby Fort Myer. The preparations will begin at 11:30 am on Saturday, 20 November. Delivery to Fort Myer will follow. Come join in with this spirit of Thanksgiving.

Happy Thanksgiving

The Post will be serving Thanksgiving Dinner from 1 - 4 on Thursday, 25 November. Please call the Post at 703-525-0108 for reservations, by 9 pm Monday, 22 November.



High Schoolers: Art Contest

The Ladies Auxiliary yearly holds the Young American Creative Patriotic Art contest for grades 9, 10, 11 or 12. Deadline is March 31, 2011. See <http://www.ladiesauxvfw.org>, then Programs, then Youth Activities. Or call the Post for information.

Bring Your Membership Card

Members of both the Post and the Auxiliaries are reminded to show their membership cards to the on-duty manager when entering the Post home. ABC Rules require it! Remember: Membership remains a privilege to be guarded.

Sunday Brunch \$7.00
9 am - 12 noon
Kids under 10 years eat free

A John Lyon Hello...

...and Congratulations! to Bill and Susan Hoofat, married in August, to Carol and Wilber Rawlings, for a second baby granddaughter, Cadence Rose, born on 17 September, and to Jeremy and Cheyenne Zeimet, new parents of baby boy, Daniel Shawn Zeimet, born 23 September. Also our apologies to Tenth District President Linda Bond whose name was incorrectly given in our October issue.

Upcoming Next Month

Not counting Sunday brunches and the normal meetings, the following are the highlights of next month's calendar. See next month's newsletter for more details.

Tue, 7 Dec: Pearl Harbor Remembrance, 7:30 pm

Sat, 11 Dec: VA Hospital Visit, 9 am at Post

Toys for Tots Benefit Pig Roast, 4 - 7 pm

Sun, 13 Dec: Toys for Tots, 12 noon

Sun, 12 Dec: Tenth District Meeting, Woodbridge
Post 7916, 1 pm

Fri, 17 Dec: Christmas Basket prep, 7:30 pm

Sat, 18 Dec: Children's Christmas Party, 11 a - 1 p

Post / Auxiliaries Christmas Party, 4 - ?pm

Sat, 25 Dec: Christmas Dinner, 1 - 4 pm

Sun, 26 Dec: NO SUNDAY BRUNCH



The band A-Muse provided music during the recent GWOT night. Post member Bob Grady is second from the right.

U.S. Marine Corps Birthday 10 November 2010 Wednesday, 8 pm

Where We Live

This is our annual survey of where members of Post 3150 live. Among the members who were current as of 1 July or who have joined since then, the following is the mailing address breakdown: Virginia: 370, Maryland: 42, Florida: 20; North Carolina: 17; Washington DC and Pennsylvania: 13 each; New York and Texas: 9 each; California and Georgia: 6 each; Nevada, Ohio, and Oregon, 4 each; Europe / Middle East (APO AE), Alabama, Hawaii, Illinois, Indiana, Kentucky, Michigan, 3 each. In Pacific areas (APO AP), Arizona, Colorado, Delaware, Kansas, Massachusetts, Maine, Missouri, Oklahoma, South Carolina, Tennessee, and Wisconsin, there are 2 each. Connecticut, Minnesota, New Jersey, New Mexico, South Dakota, Utah, Washington, and West Virginia all have 1 each. Four members remain "Lost".

The Ladies Auxiliary 3150 membership, as of October 2010, is as follows: Virginia: 82; New York: 11; Maryland: 10; Florida and Michigan: 6 each; California and North Carolina: 5 each; District of Columbia: 4; Illinois: 3. In Colorado, Indiana, Missouri New Jersey, Ohio, Oregon, Pennsylvania, Texas, and Washington, there are 2 each. Arizona, Georgia, Kansas, Maine, Nebraska, Nevada, South Carolina, South Dakota, Utah, and Wisconsin have 1 each.

The Men's Auxiliary 3150 membership, as of October 2010, is as follows: Virginia: 36; Colorado: 3; Arizona, New York, and Pennsylvania: 2 each. In Florida, Maine, Missouri, North Carolina, Nevada, and Wyoming, there is 1 each.

Most of the out-of-staters are folks who joined John Lyon when they lived here and have now moved to another location and kept their memberships here, or are family of John Lyon members.

Veterans Day Special Events

Post Veterans Day Ceremonies

John Lyon members will gather at 11 am on 11 November, Veterans Day at the “John Lyon Memorial” --- across the street from the Lee Highway Safeway on the grounds of the Cherrydale Healthcare Center --- for a short ceremony. And again at 1 pm at the Clarendon War Memorial for joint ceremonies with the American Legion posts and other organizations. This memorial is in the center of Wilson and Clarendon Boulevards where Washington Boulevard crosses and is at the Clarendon Metro stop. Both events are family-friendly and an ideal event to reinforce history and patriotism for your sons and daughters --- or grandchildren, if they’re visiting.

McCormick & Schmick’s

In a show of thanks to our nation’s veterans, Bill McCormick and Doug Schmick offer to serve those who’ve served at their McCormick & Schmick’s Seafood Restaurants. Recent years the company has served as many as 15,000 vets nationwide. This year’s event is taking place on the Sunday, 7 November.

Veterans receive a free entree from a special menu at McCormick & Schmick’s Seafood Restaurants nationwide. Vets should show proper identification (VA card, VFW card, veterans ID, discharge papers, etc.). **Reservations are strongly encouraged!**

There are a number of McCormick & Schmick’s Seafood Restaurants in the Washington metro area. A complete list of participating restaurants and phone numbers may be found at <http://www.mccormickandschmicks.com/featured-promotion/Veterans-Appreciation-Day.aspx>

Free Sandwich at Subway?

At press time, there are reports that Subway restaurants will offer any veteran or active duty military with valid ID a regular 6-inch sub free on Thursday, November 11th. Check www.subway.com for late developments / info.



Applebee’s

Applebee’s is offering a free entree for veterans and active duty personnel on Veterans Day from a special menu. Identification --- ID card, discharge papers, etc. --- is required. . For further information and menu offerings, go to <http://www.applebees.com/vetsday/>

Golden Corral

Golden Corral Restaurants throughout the country will, for the tenth year, offer veterans and active duty military a free meal on Monday, November 15, 2010. Your military ID, VA card, VFW card, or DD 214 may be used to substantiate your eligibility. See <http://goldencorral.com> and click on Military Appreciation for more information, including locations. (Note: those closest to Arlington appear to be in Fredericksburg and Manassas, VA and Waldorf and Largo, MD.).

Free Night at Bed and Breakfast Inns

Some bed and breakfast inns will offer a free night’s stay on Wednesday, 10 November to honor servicemen and women currently serving or who have previously served their country. A valid Military or VA ID will be required for each reservation. For further information, go to <http://www.bnbsforvets.org/>

Vets to Wear Medals on Veterans Day

Several years ago, the Honorable R. James Nicholson, then Secretary of Veterans Affairs, and leaders of major veterans organizations asked veterans to wear the medals they earned during military service. The campaign continues this year.

Recent Events Around the Post

Gathering to celebrate “VFW Day” --- >>> the VFW’s 111th Birthday --- are members of the Post and Auxiliaries (l to r) Catherine Graham, Mark Wolfe, J.Gary Wagner, Earl “Butch” Hovermill, Eric Anderson, Tommy Saunders, Shirley McAlhaney, Marci Anderson, Grant Vaught, Bernie Dodson William Binkley, and George Jordan. The cake cutting was preceded by a brief story of the VFW on the anniversary of the founding of the combat veterans organization.



<<< Ladies Auxiliary President Annie McCormick and members Wauleah Ellison, Catherine Graham, Marie Anderson, Gail Hoffman, and Lola Kane display the quilt to be raffled on Thanksgiving Day. Ladies Auxiliary 3150 annually raffles a quilt made by Mrs. Peggy Stoll to raise money for Cancer Aid and Research. Tickets are \$2 or 5 for \$10 and available at the Post or by mail.

Nelson Betancourt, Wauleah Ellison, >>> Annie McCormick, Mark Wolfe, Mark Pando, and Patrick Long pause with a car loaded with fresh bananas, pears, and oranges, and laundry and personal hygiene items before heading out to the VA Hospital in Washington, DC. They distributed the items to 110 residents of the Nursing Home at the VA Center.



Recent Events Around the Post

Post and Ladies Auxiliary members --- >>> and Navy veterans --- gathered at the Post to celebrate the anniversary of the founding of the U.S. Navy on its 235th birthday. From the left are M.C. “Connie Agresti”, Shirley McAlhane, Tom Kane, and (far right) Eric Anderson. Army veteran and Post Commander Nelson Betancourt assisted with the celebration (second from right).




<<< Tenth District Commander Wayne Yancey recently attended the Post 3150 meeting and presented certificates for last year’s activities to the Post Commander. Displaying the certificates are (kneeling) Mike McCartney and Grant Vaught, and (standing) Adam “Sammy” Roth, Patrick Long, Commander Nelson Betancourt, District Commander Yancey, Jim Tingler, and Mark Pando.

John Lyon members deliver 650 >>> Halloween trick or treat safety bags to neighboring Key Elementary School. Standing behind several Key students, from left, are Mike Fava, school PE teacher and Halloween coordinator, J.Gary Wagner, Karen Stewart, Key Principal Dr. Marjorie Myers, and Nelson Betancourt. The school’s students first used the bags on the school’s Halloween trick or treating at 48 businesses in the Courthouse area. Fava and Coach Bergmann (not pictures) coordinate this annual event. Another 100 trick or treat bags were presented to Oakwood School.



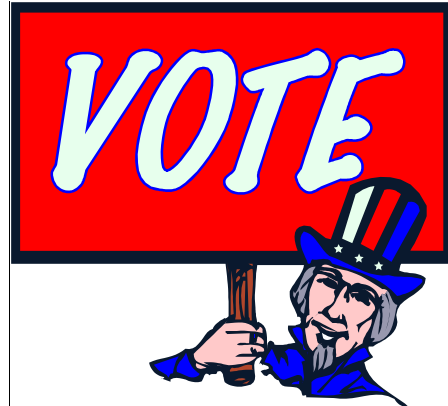
VFW 3150 November 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 VOD, Patriot's Pen and Teacher deadlines	2 ELECTION DAY VOTE!!!	3 Movie Night 7 pm	4	5	6
7 Daylight Savings Time ends	8	9 Men's Aux Meeting 7:30 pm	10 USMC Birthday 8 pm Cookout 4 - 7 pm No Movie	11 VETERANS DAY John Lyon Mem 11am Clarendon 1 pm Open House 2 pm	12 Post opens 3 pm Light buffet 5 - 7 pm	13 Special Benefit 12 - 6 pm
14 Sunday Brunch 9 am - 12 n	15 House Committee & O Call 7:30 pm	16 SPECIAL NIGHT Post Meeting 7:30 pm	17 Movie Nigh 7 pm	18 Ladies Aux Meeting 7:30 pm	19	20 Thanksgiving Basket Prep & Delivery 11:30 am Post 76th Birthday 2 pm
21	22 RSVP for Thanksgiving Day Dinner 9 pm	23	24 Movie Night 7 pm	25 THANKSGIVING DAY Dinner 1 - 4 pm	26 	27
28 Sunday Brunch 9 am - 12 n	29	30				

Happy Thanksgiving

REMEMBER TO



2 NOV

VFW Post 3150 Veterans Day 2010 Weekend Schedule

Wed, 10 Nov

5 - 7 pm Cookout

8 pm USMC Birthday: Cake Cutting

Thur, 11 Nov

**11 am John Lyon Wreath Laying,
Cherrydale War Memorial**

**1 pm Wreath Laying Ceremony,
Clarendon War Memorial**

2 pm Open House

Fri, 12 Nov Post opens 3 pm; light buffet 5 pm

Sat, 13 Nov All American Day Charities Trust 12 n - 6 pm

Sun, 14 Nov Sunday Brunch

9 am - 12 noon \$7.00

DJ Music: various times throughout

Buddy Poppy Distribution 6 - 7 November