

# The John Lyon Gazette

Volume 24, Number 9

March 2018



**Veterans of Foreign Wars**  
**John Lyon Post #3150**  
**2116 North 19<sup>th</sup> Street**  
**Arlington VA 22201**  
**703-525-0108**  
**<http://www.vfw3150.org>**



The John Lyon Gazette: Winner of 1999, 2003, 2004, 2007, 2009, 2010, 2011 and 2016 Clair B. Poff Public Relations Award for Outstanding Newsletter, and Winner of National Awards for 2010, 2011.



**VFW NATIONAL HOME FOR CHILDREN**

The VFW National Home for Children offers a once in a lifetime opportunity for honorably discharged veterans, active duty military, or descendants of a VFW/Auxiliary member. After being accepted into their program, families can accomplish significant life goals by receiving the following support:

- ⊙ Case management services to help set up family plans and goals.
- ⊙ Educational, recreational, and enrichment opportunities.
- ⊙ Community resources and counseling.
- ⊙ Free housing and daycare.

If you meet a veteran family in need, please encourage them to call the Military & Veteran Family Helpline at **800-313-4200** or visit **[vfwnationalhome.com/help](http://vfwnationalhome.com/help)**. The friendly staff at the National Home for Children will help determine if this program is right for them and their family.

You can help connect families in your community to this ONCE in a lifetime opportunity!

(The VFW National Home has traded their annual "Awareness Week", usually held in February, this year for their "Once in a Lifetime" initiative.)



## **From the Commander:**

Greetings Comrades!

Firstly, I would like to congratulate everyone at the Post who has worked so hard this year to get us above 100% membership. We surpassed this milestone last month and are well on our way to the goal of 600 members by the end of the VFW year in June!

Every year, March brings us the beginning of our annual election cycle. At our March Members Meeting on March 19th we will open nominations for the elected officer positions for the 2018-19 year. Positions for which nominations will be open are:

- Post Commander
- Post Senior Vice Commander
- Post Junior Vice Commander
- Post Chaplain
- Post Quartermaster
- Post 3-Year Trustee
- Post 3-Year House Committee Member

Elections will be held at our April Members Meeting on April 16th. At the completion of elections, the Commander Elect will begin making appointments for the remaining officer positions. If you are interested in any elected or appointed officer positions, or have any questions about any of them, please email [johnlyon3150@gmail.com](mailto:johnlyon3150@gmail.com).

This month, I would like to recognize two Auxiliary Members for their contributions to the Post over the last many months. First off, I would like to thank Dani Grigsby not only for being an active force in bringing our very successful monthly yoga event to the Post, but also made donation of a car to the Post which we are now selling to fund some of the renovations and repairs needed around the Post. Secondly, I would like to recognize Auxiliary Junior Vice President Alyssa Buckley for her continued and tireless efforts to keep the Post staffed and canteen running smoothly. Not only does Alyssa work a regular bartending shift, but she also picks up numerous other shifts each month and has been instrumental in establishing and testing many of the procedures that have us running so efficiently. Thanks, Alyssa and Dani for everything you do and continue you to do for the Post! We are lucky to have you!

Yours in Comradeship  
Walter Sweeney  
Post Commander  
Silver Legacy Life Member

## ***From the President of the Auxiliary:***

I hope this finds everyone healthy, happy and enjoying life. As I get older I find that time passes ever so quickly. But while we are here we need to embrace life, spend more time with our loved ones, and that old cliché, take time out to smell the roses. Tomorrow is never promised to any of us. Which brings me to our beloved friend and past Post Bartender, Carol Rawlings, who has been under the weather. She was hospitalized last week and is now home recuperating. If you have a chance, please give her a call, see if she is doing OK, and if there is anything you or any of us can do to help her. She has been a wonderful supporter and family to both the Post and the Auxiliary for many years now. We feel terrible she is not feeling well at this time.

Isn't it wonderful that Easter and April Fool's Day are on the same date this year? So, my advice to all you parents out there is to not hide the Easter Eggs this year, but have the kids go looking for them! Just kidding kiddies! LOL. But did you know that in history this has happened only eleven times since 1714 and it will be the twelfth time this year. It will happen an additional twelve times through the year 2328. Personally, I think I would have to take advantage of getting one over on the kids! LOL. Again, just kidding!

Well, lucky for you that's all I have to say this month. May your Easter and April Fool's Day be fun, filled with laughter of friends and loved ones, and be safe. Take much care and until next month enjoy life! Happy Birthday and Anniversary to anyone who may be celebrating them this month. Don't forget to check on our elderly, make sure they are doing well. and see if there is anything you can do for them. It will warm your heart, and make their day.

Respectfully Submitted,

Nancy Weeks

President, VFW Auxiliary Post 3150



## VFW Auxiliary 3150's 83<sup>rd</sup> Birthday

Members of the VFW Auxiliary gather to cut the cake marking their 83<sup>rd</sup> Birthday: (l to r) Wauleah Ellison, Jodie LaFreniere-Dajc, Cathy Graham, and Gail Hoffman. Formerly the Ladies Auxiliary, its charter was modified three years ago to include male members, many from the former Men's Auxiliary. Auxiliary Membership is open to men and women whose parent, grandparent, child, grandchild, spouse, or sibling is a VFW member or qualifies or qualified for VFW membership. Certain stepsiblings may also qualify for Auxiliary membership. The Post 3150 Ladies Auxiliary was chartered 19 February 1935, about three months after the Post was chartered.

## Nat Geo “Chain of Command” series to be screened at Post 3150

John Lyon VFW Post 3150 and the George Mason University Student Veterans of America Chapter are excited to bring you an exclusive screening of National Geographic's new docu-series “Chain of Command”!

Our kitchen will be open and we will have specials in addition to our regular menu!

Please register with Nat Geo at: <https://nvite.com/chainofcommand/e12a> to help us to keep bringing events like this to the Post!

[Click here](#) to view a list of the episodes that the Post will be screening!

For more info on the series, go to <https://www.broadwayworld.com/bwwtv/article/Nat-Geo-Premieres-Groundbreaking-Documentary-Series-CHAIN-OF-COMMAND-115-20171214>.

## National Legislative Conference Happy Hour, Sat, 3 March, 5 - 7pm

A great time at John Lyon Post when VFW members from across the nation who are in the Nation's capital for the national conferences stop by to visit. Great for networking with comrades and exchanging stories of service!

## Welcome to Our New Members

Welcome to new Post members Corey Berkey (USMC – Iraq / Afghanistan / GWOTEM / Inherent Resolve), Tony Cruz (Navy – Desert Shield/Storm / GWOTEM), Nazly Confesor (Army – Afghanistan), Thomas Fales (Navy – GWOTEM), Robin Lowe (Army – Korean Service), Andrew Kirsch (USMC – GWOTEM)(trans), Jerome Tennille (Navy – Persian Gulf), and Juan Villar (Navy – Desert Shield/Storm), all who were elected at the February meeting.

## Weekly Drawing

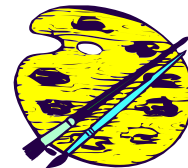
Stop by the Post for \$1 drawings every weekend. One-member number will be drawn each week; 50% of the pot will roll over each week if the pot is unclaimed.

## Thur, 1 March: GWOT Happy Hour, 6 - 9pm

50/50 Raffle will be drawn at last call. Proceeds will benefit a quarterly-rotating Veterans Service Organization or Veterans Non-Profit. Need not be present to win (winning forfeit and added to following week's 50/50 if unclaimed before Post opening on following Friday).

## VFW National Legislative Conference Dinner, Tuesday, 6 March.

The Post will welcome attendees of the VFW National Legislative Conference with a dinner on Tuesday, 6 March from 5 – 9pm. John Lyon members are welcome to meet those attending the conference or to help out.



## High Schoolers: Art Contest

**VFW Auxiliary's Young American Creative Patriotic Art Contest:** grades 9, 10, 11 or 12. Deadline is March 31, 2018. See <http://www.vfwauxiliary.org>, then Scholarships, then Young American Creative Patriotic Art Brochure. To see winners since 1979, follow above link.

**Additional info on above, email to [adjpost3150@vfwva.org](mailto:adjpost3150@vfwva.org)**

## New Hours for Post Canteen

The Post Canteen is open as follows:  
First Thursday of each month from 6-10 pm  
Every Friday from 5-10 pm  
Every Saturday from 3-10 pm  
Every Sunday from 1-6 pm  
Post may extend hours for various events.

## **Tenth District Meeting**

The Tenth District Meeting will be held on Sunday, 18 March, at McLean Post 8241, 1051 Springhill Road, (Phone 7821-2609). Meeting will begin at 1 pm, following lunch at 11:30 am. All VFW and Auxiliary members are urged to attend this meeting. District awards will be presented to VoD, Patriots Pen, and Teacher contest winners.

## **Are You Expired**

Many VFW member's memberships are set to expire in the next weeks. Check your membership card for your expiration date and renew if necessary.

## **New Officers to be Selected**

Post officers for the Year 2018-2019 will be nominated during the March meeting and elected in April. All members are urged to consider one of the positions. Contact the Commander or one of the other current officers for more information on the positions. All positions are open to be filled. The elected positions and some of their areas of prime interest are commander, senior vice commander (membership), junior vice commander (activities), quartermaster (accounting), chaplain, three-year trustee (oversight), and three-year house committee member (post home). Additionally, there are appointed positions such as adjutant (admin), advocate (parliamentarian), surgeon (welfare and hospital), officer of the day, guard, historian, and publicity chairman to be filled. For more info, email to [johnlyon3150@gmail.com](mailto:johnlyon3150@gmail.com)

The VFW Auxiliary will both nominate and elect new officers during their April meetings. Contact the President or one of the other officers for further information

## **Spring Sunday Brunch**

Yes! Sunday Brunch will return. For at least one time! On Sunday 25 March, from 10 am – 2 pm. Exact format and menu have yet to be decided. Check Facebook, the Post website, or the weekly email for further details.

## **Facebook / Instagram**

Join us on Facebook to get the latest Post info:  
John Lyon VFW Post 3150  
We are on Instagram! Follow us @vfwpost3150

## **Poses and Pints: Yoga Special Time: 11 am.**

Join us for our monthly yoga session with the fine folks at Yoga Legion the first Saturday of the month. The next is 3 March at 11am to allow the showing of "Chain of Command".

This event is open to VFW & Auxiliary Members and service members and their dependents free of charge. Accompanying guests of these individuals may attend for a \$10 fee. Please bring your Membership card or CAC/Dependent ID for verification

Stick around after yoga to enjoy a beverage with other Yogis and Post members. Yoga participants will receive \$1 off their first beer or soft drink in the Post's Canteen following yoga.

No yoga experience is necessary!

## **AFAC Food Drive and Capitals Tickets**

The Food Drive is still on. You have until March 10th to get your raffle tickets for a chance to see the Washington Capitals on March 20th! Come by the Post to get your raffle tickets or bring in food for donation to the Arlington Food Assistance Center (AFAC) on March 10th to get one ticket per food item donated! The drawing will be on March 10th.

## **Post 3150 Over 100%**

Post 3150 went over 100% of our membership goal for 2017 – 18. Thanks to everyone who joined or renewed to make this possible. You can still renew: Go to [www.vfw.org](http://www.vfw.org) and click RENEW.

## Donations to the Post

Help us continue our long tradition of service with your donations today! Send check to the Post home or go to <https://www.gofundme.com/vfw3150/donate>

**John Lyon Veterans of Foreign Wars Post is a Congressionally Chartered and Federally Recognized 501 (c) 19 Veterans Charitable Organization.**

Inquiries can be sent to [johnlyon3150@gmail.com](mailto:johnlyon3150@gmail.com)

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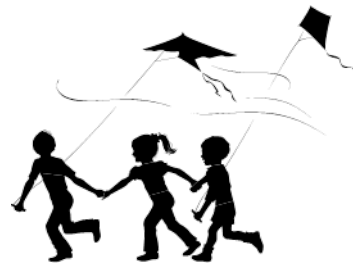
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## Moved?

Post members, if you are not receiving the VFW magazine, please go to [www.vfw.org](http://www.vfw.org) and update your address or send an email with your new address to the Adjutant at [adipost3150@vfwva.org](mailto:adipost3150@vfwva.org). Also notify the Adjutant of a new email address

## Tax Scams

It's income tax time again and the scammers are trying to get the rest of our money. The government does NOT do business via the phone or email. Do NOT respond to phone or email requests for your bank account, social security number and other similar info.



**Longer Days,  
March Winds.  
Watch out for  
children playing  
outdoors.**

**Convention Time!  
Looking ahead to conventions...**

## District convention

The Tenth District Convention is scheduled for 6 May at VFW Dale City Post 1503. Meeting at 1 pm with lunch starting at 11:30 am. Both VFW and Auxiliary will meet.

## State Convention

The Department of Virginia's state convention will be held 14 – 17 June 2018 at the Renaissance Portsmouth Hotel, 425 Water Street, Portsmouth VA, telephone 757-673-3000. Room Rate: \$125.00. Group name "Veterans of Foreign Wars Department of Virginia". Reserve room by 14 May 2018 to insure group rates.

## National Convention

The National Convention will be held 21 – 25 July 2018 in Kansas City. The assigned hotel for Virginia is Westin Crown Center. Special Room rates are available until mid-June. For info or to reserve, go to <https://www.vfw.org/news-and-publications/events/vfw-national-convention>

# VFW 3150

## March 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 GWOTE vets Happy Hour 6 – 9 pm  Deadline Scout of the Year 9-pm	2   Commnder's Happy Hour, 5 -10 pm	3  Poses & Pints: Yoga, 11am  "Chain of Command" 1 pm – 9 pm
4	5  Post closed Mon, Tues, and most Wed and Thurs	6  Natl Leg Conf Dinner 5 – 7 pm	7	8	9  Happy Hour, 5 – 10 pm	10 AFAC Food Drive, 12 – 6 pm  Guitars for Vets, 6 – 10 pm
11  Daylight Savings Time Begins 2 am	12  House Committee / Post O Call 7 pm	13	14  GRIST mtg, 7 pm	15	16  Aux Happy Hour, 5 – 10 pm	17  Post Closed for St Pat's day
18	19  Post Meeting 7:30 pm nominations	20  Auxiliary Meeting 7:30 pm	21	22	23  Student Vet Social, 5 – 10 pm	24
25  Spring Brunch, 10 am – 2 pm	26	27	28	29	30  5 <sup>th</sup> Friday Happy Hour, 5 – 10 pm	31  Deadline Patriotic Art entries  Tomorrow: Easter

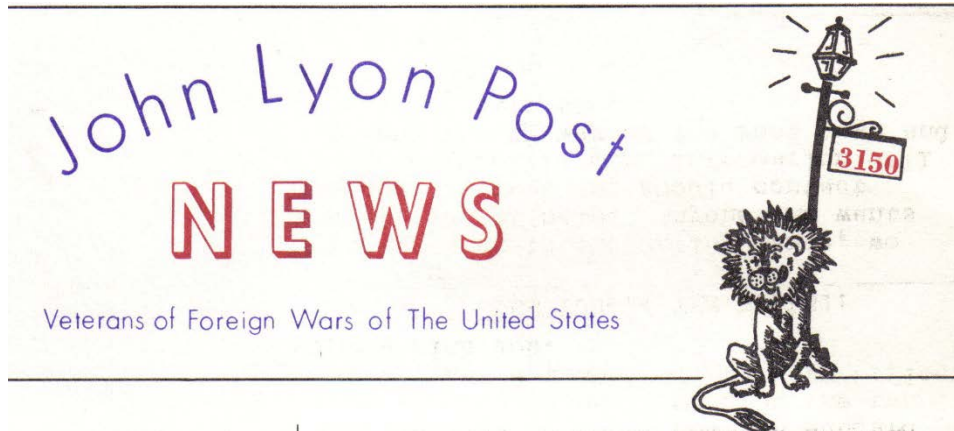
**1 March: Deadline Scout of the Year Nominations**

**31 March: Youth Patriotic Art deadline**



**JOHN LYON POST # 3150**  
**“All American Post”**  
**Veterans of Foreign Wars**  
**2116 North 19<sup>th</sup> Street**  
**Arlington, Virginia 22201-3514**

**Dated Material Please Do Not Delay**  
March 2018



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2018