

# The John Lyon Gazette

Volume 29 Number 4

October 2022



**Veterans of Foreign Wars**  
**John Lyon Post #3150**  
**2116 North 19<sup>th</sup> Street**  
**Arlington VA 22201**  
**703-525-0108**  
**<http://www.vfw3150.org>**



The John Lyon Gazette: Winner of 1999, 2003, 2004, 2007, 2009, 2010, 2011, 2016 2018, 2019, 2020 and 2021 Clair B. Poff Public Relations Award for Outstanding Newsletter, and Winner of National Awards for 2010, 2011



Post members turned out on a recent Saturday to remove several pieces of equipment from behind the bar, and then spontaneously headed outdoors to attack needed work on the grounds. Thanks to Greg Edgren, Clay Pettit, Isaac Riddle, R.D. Slough, and

Jonathan Beddall (from Post 379) who did most of the work inside, and Sienna Echon, Fritz Gottschalk, Mike Leyba, Paden Hornsby, Nancy Springer, J.Gary Wagner and Sam Wong, who helped with the outside work. It was a great example on undirected work: see what needs to be done and do it. Thanks guys and gals. You are a great example for our members!

## ***From the Commander...***

Greetings everyone!

VFW Post 3150 continues to serve our veteran community. Despite our challenges with much needed maintenance for the post home, we can and will do more for the public. I recently participated in our Virginia District 10 meeting at our sister post 9274. One of our goals is to continue to support each other through combined recruiting events. We also highlighted suicide awareness and to do our utmost to help our fellow vets in need.

We will also join forces with other veterans and nonprofit organizations in supporting the community. On 2 Oct. 1:30pm, VFW 3150 and American Legion Post 24 in Alexandria will

## ***From the President of the Auxiliary...***

This past September 10, I attended the Celebrating America's Freedom Event at the Flight 93 Memorial National Park in Shanksville, PA. The ceremony was very moving and respectful of what the site has memorialized. If you have the opportunity to go to the Memorial, it is an experience that will move you as the way it is laid out reflects the experience of those on board.

I will be attending the Southern Conference which this year is the weekend of October 27 to October 30 in Asheville, NC. The VFW is divided into 4 Conferences to make administering this large organization easier and to ensure not one area of the country has unduly controlled the organization. It allows the meeting with fellow VFW and Auxiliary members in smaller groups to promote good fellowship.

The Post home has recently been closed to address physical issues that impacted the health of those in the building on a regular basis. As a result, the ability to raise funds has been severely impacted. The cost to fix the problem along with the heating and air conditioning system has been estimated to be up to \$20,000. Any assistance or ideas to raise funds to help the Post with these costs is appreciated. Contact the Post at the Post website.

cohost the film viewing "Blood Road". Please join Maj Gen Sharron Bannister USAF and her sister on their documentary journey retracing the steps in Vietnam to search and cover their father's remains, Capt Rusch who was MIA in action. After the film, please join us in celebrating the USAF's 75th birthday. Thanks for your support and hope to see you at our next events!

Sam Wong,  
Commander, VFW Post 3150  
**[Johnlyon3150@gmail.com](mailto:Johnlyon3150@gmail.com)**

If you would like to assist us, send me an email at **[cg12dc12@outlook.com](mailto:cg12dc12@outlook.com)** or come to our next meeting on October 18<sup>th</sup> and participate. You may have a good idea how we can move forward. Soon we will be planning special support of the Ft Myer-Henderson Hall Joint Base families during the Thanksgiving and Holiday seasons. We have already reached out to the base about the possibility of continuing our support for active duty families in need of assistance. Any donations in support of this endeavor to both the Post and Auxiliary will be very welcome.

Now is the time to start thinking about and planning for our own holidays. Will you be staying in town or going away? Will you be sharing the meals with family and friends or just doing your own thing? Will you include the military or veterans in your planning, or just family and friends? The next thing you know the New Year will be upon us.

For those who have not renewed their membership, please do so because that provides us the capital to assist veterans. If you need to renew your membership, send a check for \$25 to our treasurer, Jodie LaFreniere-Dajc at the post address. If you have not received your card within two months let Jodie or myself know. You can email me at **[cg12dc12@outlook.com](mailto:cg12dc12@outlook.com)**. Also, if you have a neighbor or friend who is eligible, the application is

on the National website or send me an email with their contact information.

Remember that the Voice of Democracy and Patriot's Pen entries are to be at the Post Home by October 31<sup>st</sup>. This year the VFW has increased the Voice of Democracy scholarship amounts for the top 3 prizes: 1<sup>st</sup> Place is now \$35,000, 2<sup>nd</sup> Place is \$21,000, and 3<sup>rd</sup> Place is \$15,000. The application

\* \*

## Welcome to Our New Members

Welcome to new Post members Samuel Harcourt (Army – Iraq/Syria)(Transfer)\*, Kelly Harrison (Navy – GWOTEM)\*, Isaac Riddle (USMC – Afghanistan)\*, Jason Dunning (USAF – IDP), Jaden Hornsby (Navy – Somalia (Afghanistan)) all elected at the recent Post meeting. Membership cards for those with completed applications (\*) should be in the mail.

### *Marching Off...*

**Gary A Nellis**, 67, on 6 September in Stafford, VA. He was a Post Life Member and retired Navy Chief Petty Officer who served in the Persian Gulf. Burial was at Quantico National Cemetery.

## Maintenance Draining Post Funds

The additional maintenance the Post has had to cover has cost the Post a good amount (plus loss of income) and, as the Post is a 501(c)(19) nonprofit veterans organization, donations to the Post are tax deductible. A \$20 (or more) donation could help the Post a great deal, either through our website ([www.vfw3150.org](http://www.vfw3150.org) then DONATE) or sending a check to VFW Post 3150, 2116 19<sup>th</sup> Street N, Arlington VA 22201.

## Sunday Zoom Yoga

<https://us02web.zoom.us/j/89586492296>

Meeting ID: 895 8649 2296

Passcode: 779201

**No experience necessary. No expectations**

and the rules can be found at the VFW.org and VFWAuxiliary.org websites.

As always check on the sick and elderly. Happy Anniversary and Birthday to those celebrating in October.

Cathy Graham  
President VFW Auxiliary 3150

\* \*

## Special POW / MIA Event (New time and location)

The Post will host a special POW / MIA presentation on: Sunday 2 October, **1:30 pm** at American Legion Post 24 in Alexandria. (400 Cameron Street) to approximately 4:00 pm. MajGen Sharon Bannister, USAF, will start with her father's service, his long-term MIA status (1972-2007), and its effects on her and her family. After Sharon's remarks, we'll watch her sister's movie, "Blood Road," that chronicles her bicycle journey down the Ho Chi Minh trail to the approximate location where DPAA found their father's remains. We'll conclude the event with a Q&A session with Sharon.

## USAF 75<sup>th</sup> Birthday

The Post will celebrate a delayed USAF 75<sup>th</sup> Birthday on Sunday, 2 October, following the MIA event at American Legion Post 24 listed above. Expected start time is approximately 4:00 pm.

## Elections

Darrell Smith was elected new Senior Vice Commander and R.D. Slough the new House Committee member during special elections held during the September Post meeting. Congratulations to both!

## A John Lyon Hello to...

Our more than 50 members who live in Florida and the many who are being challenged by the recent Hurricane Ian, as well as those living in Ian's path up the East Coast. Our thoughts and prayers are with you.

### Schedule Updates

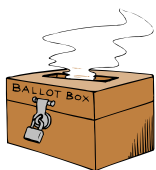
For the frequently updated openings, hours, and events, go to [www.vfw3150.org](http://www.vfw3150.org) and click on Calendar. Event updates can also be found on our Facebook page at [JohnLyonVFWPost3150](https://www.facebook.com/JohnLyonVFWPost3150), the Post webpage, or in the weekly email. For info on activities, email to [johnlyon3150@gmail.com](mailto:johnlyon3150@gmail.com).

### Newsletter via email and Weekly Email

If you are one of the few who still receive a printed newsletter and would like to receive it earlier and in color via an email notice for our website, please send an email to [johnlyon3150@gmail.com](mailto:johnlyon3150@gmail.com). You can also receive our weekly email by requesting it at the same John Lyon email.

### Have You Moved?

Post members, if you are not receiving the VFW magazine, please go to [www.vfw.org](http://www.vfw.org) and update your address or send an email with your new address to the Adjutant at [adjpost3150@vfwva.org](mailto:adjpost3150@vfwva.org). Also notify the Adjutant of a new email address. Many Army.mil addresses are bouncing back.



**Moved Recently?**  
**Are you registered to Vote?**  
**Deadline is 17 October in Virginia.**  
[www.vote.virginia.gov](http://www.vote.virginia.gov)

The mail deadline to request an Absentee Ballot is 11 days prior to election. Your request must be received by your Registrar by 5:00 p.m.

For info on Virginia elections, go to <https://elections.virginia.gov/>.



Fire Prevention Week is observed each year during the week of October 9th in commemoration of the Great Chicago Fire, which began on October 8, 1871, and caused devastating damage. This horrific conflagration killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures, and burned more than 2,000 acres of land. See more at <https://www.nfpa.org/fpw>

### Many Members Set to Expire

We started a new membership year on 1 July. Many memberships are set to expire during the next months. Check your membership card for your expiration date and renew if necessary. Go to [www.vfw3150.org](http://www.vfw3150.org), then click on BECOME A MEMBER, then RENEW or go to [www.vfw.org](http://www.vfw.org) and click Renew in upper right corner for VFW members For Auxiliary, go to <https://vfwauxiliary.org/>, then Malta for Auxiliary). Or send check for \$40 (\$25 for Auxiliary) to Post address on page 1.

### In-Person or Skype Meetings

The Post has resumed in-house post meetings (except maybe for October meeting), but the Skype options will continue for members desiring to do so. If you are not attending meetings, but would like to via Skype, Post members email to [johnlyon3150@gmail.com](mailto:johnlyon3150@gmail.com). Auxiliary members: email to [cg12dc12@outlook.com](mailto:cg12dc12@outlook.com) with subject line "Meeting". New VFW Post members since February 2020 who have not received their VFW lapel pin are encouraged to attend the Post meeting in person to receive one.

## Meals from DC Chefs Giving Back

As might be expected, DC Chefs Giving Back will take a break from producing meals for sale in the Canteen until the Post reopens.



### U.S. Navy Birthday

The Post will celebrate the U.S. Navy Birthday with a cake cutting ceremony on Sunday, 13 October at 1 pm likely in the backyard. As usual, members of all services are invited to attend this celebration.



**Watch out for  
little spooks  
and goblins  
on Halloween!**

## Many Members Set to Expire

We started a new membership year on 1 July. Many memberships are set to expire during the next months. Check your membership card for your expiration date and renew if necessary. Go to [www.vfw3150.org](http://www.vfw3150.org), then click on BECOME A MEMBER, then RENEW or go to [www.vfw.org](http://www.vfw.org) and click Renew in upper right corner for VFW members For Auxiliary, go to (<https://vfwauxiliary.org/>, then Malta for Auxiliary). Or send check for \$40 (\$25 for Auxiliary) to Post address on page 1.

## Schedule Updates

For the frequently updated openings, hours, and events, go to [www.vfw3150.org](http://www.vfw3150.org) and click on Calendar. Event updates can also be found on our Facebook page at JohnLyonVFWPost3150, the Post webpage, or in the weekly email. For info on activities, email to [johnlyon3150@gmail.com](mailto:johnlyon3150@gmail.com).

## Qualifying for VFW or Auxiliary Membership

Veterans who served overseas in an active or passive war zone are likely eligible for the VFW. The best indicator is receipt of an Expeditionary or Campaign Medal, although some other qualifiers exist. The most common are World War II, Korean War and subsequent service in-country to the present, Vietnam War, Desert Storm, and the Afghanistan and Iraq Wars, but other campaigns and situations, such as Bosnia, Panama, Cuba, and Imminent Danger Pay also qualify. A DD Form 214 or other documentation which shows the qualification is required. Further information is available at the Post or email the Adjutant at [adjpost3150@vfwva.org](mailto:adjpost3150@vfwva.org)

Membership in the VFW Auxiliary is open to men and women whose spouse, parent, grandparent, child, grandchild, sibling (and half-sibling who attain the status prior to the age sixteen) was or is eligible for membership in the Veterans of Foreign Wars of the United States of America. Documentation is required as it is for the Post. Members must also be at least sixteen years old. Those whose family members might be interested can get further information at the Post or email the President at [cg12dc12@outlook.com](mailto:cg12dc12@outlook.com)

## Bring Your Membership Card

Members of the Post and the Auxiliaries are reminded to show their membership cards to the on-duty manager when entering the Post home.

## Marine Corps Marathon Highway Cleanup

The Post is recruiting two teams of 18-persons each for the Marine Corps Marathon (MCM) Adopt-A-Mile event on Sunday 30 October 22. With these two teams performing road clean-up/trash pick-up, the Post can earn up to \$900 from Marine Corps Community Services. Here are the details:

-Team #1 (Mile 14-->Mile 15). Meet at MM14 (Hains Point, south of golf course) at 1117 and begin clean-up at 1137. Estimated finish time is 1205 on Maine Avenue (approximately Maine & Ohio NW). 18 spots available.

-Team #2 (Mile 19-->Mile 20). Meet at MM19 (Jefferson **Drive** & 7th Street NW) at 1227 and begin clean-up at 1247. Estimated finish time is 1315 at Beat the Bridge (14th & C Streets NW). 3-7 spots remaining.

Family members, 10 years old and up, are welcome to participate; however, we must have one adult volunteer per every 5 children.

POC is Nancy Springer, [nancyspringer87@gmail.com](mailto:nancyspringer87@gmail.com) or 760-845-6119. Please volunteer no later than Thursday 27 October 22.



**Happy 136th  
Birthday,  
Miss Liberty  
28 October  
1886-2022**

## Start Operation Enduring Freedom

The start of Operation Enduring Freedom will be marked by the Post at 7 pm on 11 October via Skype. Officers Call and the House Committee meeting follow at about 7:10 pm.

## Help the Food Insecure

**Post and Auxiliary members will again gather to help the Arlington Food Assistance Center (AFAC)**, whose mission is providing dignified access to free groceries, allowing families to devote their limited financial resources to obligations such as housing, utilities, medication and other basic needs. Our activity will be to pack produce to help our struggling fellow Arlingtonians, including Veterans.

This work will be done at the: AFAC facility at 2708 S Nelson Street, Arlington, VA 22206 on: Saturday 12 November 2022, 12:30 pm to 2:30 pm. Five volunteers are needed. Please send an email to [johnlyon3150@gmail.com](mailto:johnlyon3150@gmail.com) by 5 November to volunteer.

**Special Instructions:** Bring a hat (ballcap, watch cap, etc.). AFAC strongly suggests that volunteers are vaccinated. Unvaccinated volunteers must wear a mask in the AFAC facility.

## Buddy Poppy Drive



The Post will again conduct a Buddy Poppy Drive at the Commissary at Joint Base Myer-Henderson Hall on the dates of Friday 4 November – Thursday 10 November. If you can help out, please send an email to

[JohnLyon3150@gmail.com](mailto:JohnLyon3150@gmail.com) with a preferred two hour block. All donations go to the Relief Fund which supports veterans and Americanism projects.

## The Virginia Veteran

The state VFW newspaper, The Virginia Veteran, has been published. It is available at [www.vfwva.org](http://www.vfwva.org), then NEWS. Find at Volume 9, Issue 7 for August 2022.

## Students, Teachers, Scouts, Fire, Law Enforcement

The following is an overview of VFW programs and contests for students, teachers, and scouts, and First Responders

Voice of Democracy: audio essay contest for grades 9 through 12. The 2022-2023 theme is "Why is the Veteran Important?" Deadline is Oct 31, 2022 Awards up to \$35,000. NOTE: Entry should be recorded on a flash drive or other electronic device.



Patriot's Pen: written essay contest for grades 6, 7 and 8. The 2022-2023 theme is "My Pledge to Our Veterans" The deadline is Oct 31, 2022.

The National Association of Secondary School Principals has placed the above programs on the NASSP National Advisory List of Contests and Activities for 2021- 2022. The new list is expected about 1 September...



Teacher of the Year: top elementary, junior high and high school teachers who teach citizenship education topics regularly and promote America's history, traditions and citizenship. Fellow teachers, supervisors or other interested individuals can submit nominations by Oct 31, 2022. The national teacher --- and his/her school ---- each receive a certificate and a likely financial award.



Scout of the Year: Any recipient of an Eagle Scout, Girl Scout Gold Award, Venture Summit Award, or Sea Scout Quartermaster Award may qualify. Deadline is March 1, 2023. Early submission / interest may provide opportunity for additional trip for the Scout.



VFW Auxiliary's Young American Creative Patriotic Art Contest: grades 9 - 12. Deadline is March 31, 2023. Go to

<http://www.vfwauxiliary.org>, then Scholarships, then Young American Creative Patriotic Art Brochure. Follow above link to see winners since 1979, including last year.

Above awards are presented at post, district, state, and national levels and can add up to thousands of dollars. Deadlines are to Post 3150 (or your local post).

Further information, including entry forms, brochures, and background, are available, except as noted above for Patriotic Arts, at [www.vfw.org](http://www.vfw.org), then Community, then Youth and Education, then on one of the four programs. Forms and information may also be obtained at <http://www.vfwva.org/>, then Programs. You may also call Post 3150 at 703-525-0108 or email [adjpost3150@vfwva.org](mailto:adjpost3150@vfwva.org) for further information.



Continuing Education Scholarship. Additionally, the VFW Auxiliary sponsors a scholarship for an Auxiliary member or the spouse or child of a member. Deadline to apply is 15 February 2023. Website same as Patriotic Art above but final click on Continuing Education.



Firefighter, EMT, Law Enforcement Nominations due 8 December.

Nominations for Public Service Awards --- Law Enforcement Officer, Firefighter, and EMT of the Year --- are due at the Post by 8 December. Nominations include a resume of nominee's background and background in applicable area, resume of accomplishments in field, title and address. For info email [adjpost3150@vfwva.org](mailto:adjpost3150@vfwva.org)

# Recent Events Around the Post

## 9/11: VFW Auxiliary at Shanksville



<<< Members of the VFW Auxiliary, including Fred Jennings, Virginia State President (center), prepare to enter the arena for the National Auxiliary's Celebrating America's Freedom Event (CAFÉ), this year held at Shanksville, PA, on 10 September. Post 3150's Cathy Graham attended the event along with C. D. 'Doc' Crouch, as well as a number of VFW members.

## 9/11 Patriots Day

Post and Auxiliary members of >>> VFW Post 3150 gather by the flagpole to remember those killed in the terrorist attacks on September 11, 2001, now known as Patriots Day. Seen are (l to r) Bill Kelly, Greg Edgreen and son, Cathy Graham, Nancy Springer, J.Gary Wagner, and Mike Leyba. C.D. 'Doc' Crouch was also there as photographer.



## Liberty Riders Visit Post 3150

<<< A cross country relay by four teams of the Liberty Riders, a patriotic non-partisan motorcycle club, ended at Post 3150 where they presented a banner and copies of several important U.S. historical documents to the Post. The presentation included passing of the banner from Liberty Riders spokesperson, D'Ette Peralta, to Commander Sam Wong, while other riders and Post members Sienna Echon, Paden Hornrsby Michael Leyba, and J.Gary Wagner watch.



# VFW 3150

## October 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Voice of Democracy, Patriots Pen, and Teacher of the Year Deadlines 31 October by 6 pm						1
2 POW/MIA Event, 1:30 pm USAF Birthday  Zoom Yoga, 11am	3	4	5	6	7	8
9  Zoom Yoga, 11am	10 COLUMBUS DAY  House Com. & Post O Call 7:10pm	11  <<<< Start Op Enduring Freedom, 7 p	12	13	14	15  16 <sup>th</sup> : John Lyon killed in 1918 in WWI
16 U.S. Navy Birthday 1 pm (post backyard)  Zoom Yoga, 11am	17  Register to Vote deadline in Virginia  Post meeting 7:30 pm	18  Auxiliary meeting, 7:30 pm	19	20	21	22
23  Zoom Yoga, 11am	24	25	26	27	28	29
30  Zoom Yoga, 11a  MC Marathon HighwayClean 11 am+	31  HALLOWEEN  Contests Deadline 6 pm	Friday - Thursday, 4 Nov – 10 Nov Buddy Poppy Distribution, Ft Myer Commissary, 10 am – 4 pm  Event updates can be found on our Facebook page. “Like” us at “John Lyon VFW Post 3150”. Also check <a href="http://www.vfw3150.org">www.vfw3150.org</a> , then Announcements or Calendar for daily hours and events updates				



**JOHN LYON POST # 3150**  
**“All American Post”**  
**Veterans of Foreign Wars**  
**2116 North 19<sup>th</sup> Street**  
**Arlington, Virginia 22201-**  
**3514**

**Dated Material Please Do Not Delay**  
**October 2022**



**Lt John Lyon**  
**2 April 1893 – 16 October 1918**  
**Killed in action, World War I**