

The John Lyon Gazette

Volume 27, Number 10

April 2022



Veterans of Foreign Wars
John Lyon Post #3150
2116 North 19th Street
Arlington VA 22201
703-525-0108
<http://www.vfw3150.org>



The John Lyon Gazette: Winner of 1999, 2003, 2004, 2007, 2009, 2010, 2011, 2016 2018, 2019, 2020 and 2021 Clair B. Poff Public Relations Award for Outstanding Newsletter, and Winner of National Awards for 2010, 2011

VFW Post 3150 in 2022

Iraqi Freedom vets largest group

This issue makes the twenty-first annual look at the makeup of John Lyon Post. This year's tally of Post 3150's membership shows that, overall, we are still well represented across the board. Taken separately, Iraqi Freedom is in first place, Afghanistan vets in second, GWOTEM vets third, and Vietnam fourth. If Afghanistan and GWOTEM are counted together, they go to first. Persian Gulf / Desert Storm veterans make our fifth largest block. Considering the relative size of the different branches of the services, we are fairly well represented there, too, with Army being the largest group by far. To keep our tallies comparable from year to year, those were counted who were on the membership roster last July 1st plus new members who have joined since and completed all their paperwork. Some members were in more than one service or had multiple deployments and are counted for each, so the numbers don't add up exactly. Current memberships total 655. The results show that we were in ...

World War II	3	Army	397
Post War Occupation	11	Navy	157
Korean War	13	USAF	114
Korean Service	112	USMC	143
Vietnam / Southeast Asia	176	USCG	7
Lebanon / Beirut	11		
Grenada / El Salvador / Panama	8		
Persian Gulf / Desert Storm	144	Includes 84 women:	
Haiti	5	Post War Occupation	3
Somalia / Horn of Africa / Chad	9	Korea Service	15
Bosnia / Kosovo	57	Persian Gulf / Desert Storm	14
Afghanistan	217	Haiti / Cuba	3
GWOTEM	214	Bosnia / Kosovo	10
Iraq	285	Iraq	40
Other Expeditionary	68	Afghanistan / GWOTEM	33
CIB /CAR etc.	52	Other Expeditionary	8

From the Commander:

Hello Comrades and Auxiliary Members—

To begin, I want to thank everyone who volunteered time and energy this past month maintaining the Post home, leading a Post event or keeping the Canteen open for our fellow Comrades to enjoy. We run on Volunteer power, and I appreciate all you do to help the Post serve our Members and other area Veterans.

We will have some opportunities this month to serve our community and benefit Veterans, fellow VFW Comrades and our Arlington neighbors. On April 2, we'll gather at the Post Home to commemorate the Bataan Death March and to recognize any Comrades who participated in Post 2894's Annual Bataan Death March Memorial Run, their yearly fundraiser that supports Veteran outreach and community service. We'll incorporate a BBQ into this event providing an opportunity for our Post Comrades and area Veterans to come together and share a meal and some camaraderie. Then on April 3, we'll send a Color Guard to participate in the Arlington Little League's Opening Day ceremony. The Post has sponsored a Little League team for a number of years, and taking part in this ceremony will allow us to interact with the team and other Little League youth and to raise the public's awareness of the Post. You likely already saw the call for volunteers in the weekly email and on the social media platforms. I need between 2-4 Comrades for this event at the Barcroft Sports Complex at 1:30 pm that day. Next, on April 16, the Arlington Food Assistance Center (AFAC) reserved a time for us to process and pack produce at their facility. This organization distributes groceries to food insecure people in Arlington. We have space for five (5) volunteers from 12:30 to 2:30 pm at AFAC's facility at 2708 S. Nelson Street (just off Four Mile Run Road). Volunteering at AFAC does a lot of good in a relatively small amount of time! Please note, volunteers must be vaccinated against COVID.

In keeping with a community service theme, VFW National designated May 7 as the VFW's inaugural Day of Service, during which VFW Posts worldwide will participate in community service projects. Our Day of Service project incorporates another session at AFAC starting at 12:30 pm that day. We may add a second project in the morning, so stay tuned to the weekly email and the social media platforms for more information as we get closer to that day. Please send an email to johnlyon3150@gmail.com to volunteer for the Color Guard or for the AFAC opportunities as follows: by March 28 for Color Guard, April 10 for the April 16 AFAC event and May 2 for the Day of Service AFAC session (May 7).

Next, the Post will conduct the annual Officer elections at the April Membership Meeting (April 18, 7:30 pm). All positions are available. I encourage Post Comrades to attend this meeting (virtually or in-person) and make their voices heard. I also urge all Comrades to consider serving in a leadership position to actively influence current operations and the future of the Post. In addition to the elected positions (Post Commander, Senior Vice, Junior Vice, Quartermaster, Chaplain, 3-year Trustee, and 3-year House Committee Member), the Post Commander also appoints several Officers (Adjutant, Service Officer, Surgeon, Officer of the Day and Guard). Please let me or the Adjutant know if you are interested in running for an elected office. Please note, Comrades must either be physically present at the April meeting or, if anticipating an absence, have sent in written notice (email) to the Adjutant confirming they will accept a nomination and to what position. Take the plunge; you won't regret it!

Yours in Comradeship,

Nancy Springer, Commander, VFW Post 3150

From the President of the Auxiliary:

Spring brings with it renewed hope that life recovers from the dark and cold of winter. This Spring we are years into coping with the coronavirus. The schools and all places to congregate are reopened. The Post is reopening on a regular basis, so we can see old friends and meet new ones. The Post and Auxiliary are collaborating on several projects during the next few months. The Bataan Death March Commemoration on April 2 starts the joint projects. The Arlington Food Assistance Center support is a good community project that anyone can participate in helping on both April 16 or May 7. The meeting to assemble grave decorations for Memorial Day on May 14 does not require any skills except being able to handle small objects. And the last item to support our operations is the Buddy Poppy drive at Ft Myer/Henderson Hall Commissary May 22 through 28, where we need volunteers to distribute Buddy Poppies and collect donations for our Relief Funds to support Veterans and their families. Look on the Post website for times and points of contact for each project.

In order to have an Auxiliary, we must elect a President at our April meeting. I touched on the role of each officer in last month's column. In addition to running the meeting, the President writes this column each month, attends the House Committee meeting or appoints a member to attend. The President will also attend the District meeting or ask for a volunteer to represent the Auxiliary at the meeting. The President has access to the Auxiliary's roster on the National level through Membership Auxiliary Leadership Technology Access (MALTA). They will receive the Department's Communications via emails and is the face of the Auxiliary at all levels of the organization.

The Senior and Junior Vice Presidents assist the President in carrying out the above functions and will preside over the meeting if the President is not present. The Secretary is an appointed position who maintains the minutes for the Auxiliary. The Secretary prepares any correspondence required by the organization, receives the Department Communications and provides appropriate chairmen the pages they need for their use in carrying out our programs. In addition to being the membership chairman, the Treasurer maintains the books and is the keeper of the bank account. The President and the Treasurer are the only two persons with access to the bank account and can write checks. The Treasurer is the person who processes the dues from existing and new members. The Treasurer also has access to MALTA and can print out dues cards for those who need them. Trustees can hold two offices, but not the President, Secretary nor Treasurer position. They audit the books of the Secretary and Treasurer and approve all bills presented to the body.

As previously stated, all positions are open for election at our April meeting. If you want to run for an office, please attend and indicate your desire.

Annual membership dues are now being accepted. If you did not renew before December 31, 2021 you are not be eligible for the \$550 Cancer grants. You must be a member for 1 year for this valuable membership perk. You can pay our treasurer, Jodie LaFreniere-Dajc, at the post address by \$25 check or go to the National Auxiliary website and pay by credit card. If you have not received your card within two months let Jodie or myself know. You can email me at cg12dc12@outlook.com. Also, if you have a neighbor or friend who is eligible, the application is on the National website or send me an email with their contact information. Our new member dues are \$30 for the 1st year.

As always check on the sick and elderly especially during this time. Happy Anniversary and Birthday to those celebrating in April.

Cathy Graham

President VFW Auxiliary 3150

Welcome to Our New Members

Welcome to new Post members, Corin Harrison (Army – Korea)*, Tim Migliore (Army – Iraq / Afghanistan)(Life)*, Adam Theo (USAF – Afghanistan), and new Auxiliary member, Gary L Williams, all elected at March meetings. Some still needing to provide documentation.

Marching Off...



Frederick T Barrett, 94, on 20 February in Arlington. He was an Army veteran of 33 years having served in postwar Japan, Korea, and Vietnam. After retirement he was for 12 years a regional Security Manager for Mobile

Oil and then as a volunteer for a number of organizations. Funeral is expected for Arlington National Cemetery at a later date. He was a Post Life Member since about 1997.

Hours for Post Canteen

The Post Canteen scheduled hours as follows
Friday from 6-10 pm
Saturday from 6-10 pm
Sunday from 3-6 pm
Special additional hours. See calendar or below.

Post Open Additional Hours

The third complete week every month, the Post canteen will be open from 4 – 7 pm Monday – Thursday, this month 18– 21 April.

Schedule Updates

For the frequently updated openings, hours, end events, go to our post website at vfw3150.org and click Calendar or Announcements, to our Facebook page at John Lyon VFW Post 3150, or check our weekly email. Or for info on activities, email to johnlyon3150@gmail.com or call 703-525-0108 during open hours.

In-Person and Skype Meetings

We are currently meeting in person and via Skype. If you are not attending meetings, but would like to via Skype, send an email to one of the following to get access. Post members: to johnlyon3150.org@gmail.com. Auxiliary members: to cg12dc12@outlook.com with subject line “Meeting” New VFW Post members since February 2020 who have not received their VFW lapel pin are encouraged to attend in person to receive one.

New Officers to be Selected

Post officers for the Year 2022-2023 were nominated during the March meeting and will be elected in April. All members are urged to consider one of the positions. Contact the Commander or one of the other current officers for more information on the positions. All positions are open to be filled. The elected positions and some of their areas of prime interest are commander, senior vice commander (membership), junior vice commander (activities), quartermaster (accounting), chaplain, three-year trustee (oversight), and three-year house committee member (post home). Additionally, there are appointed positions such as adjutant (admin), advocate (legal/parliamentarian), surgeon (welfare and hospital), officer of the day, guard, historian, and publicity chairman to be filled. For more info, email to johnlyon3150@gmail.com

The VFW Auxiliary will both nominate and elect new officers during their April meetings. Contact the President or one of the other officers for further information.

Post Officer Nominations

Nominations made at March meeting.

Commander – Wayne Bertino

Senior Vice – Sam Wong

Junior Vice – Christopher Alexander

QM – Jim Bertine

Chaplain – none

3 Year Trustee – Nancy Springer

Nominations remain open until April meeting. More nominations may be expected.

Corporate Meeting

The annual meeting of the John Lyon Corporation will be held in connection with the Post meeting on Monday, 18 April. Corporation officers will be elected to match Post officers.

Bataan Death March

Bataan Death March Commemoration & Post BBQ. On, Saturday 2 April., Post 3150 will honor those who endured the Bataan Death March in WW2 and those who participated in the individual memorial run/walk of the march sponsored by VFW Post 2894, including the virtual participants. This will be followed by a BBQ. Start time: is 6:00 pm. RSVP to johnlyon3150@gmail.com.

Many Memberships Set to Expire

Many memberships are set to expire during the next months. Check your membership card for your expiration date and renew if necessary. Go to www.vfw3150.org, then click on BECOME A MEMBER, then RENEW or go to www.vfw.org and click Renew in upper right corner for VFW members For Auxiliary, go to <https://vfwauxiliary.org/>, then Malta for Auxiliary. Or send check for \$40 VFW (\$25 for Auxiliary) to Post address on page 1.

Bring Your Membership Card

Members of the Post and the Auxiliaries are reminded to show their membership cards to the on-duty manager when entering the Post home.

Trivia and Board Games Nights

Trivia Night continues on the second Friday of the month, 8 April, at 7:30 pm at Post 3150. And Board Games Night will start at 6 pm on third Saturday: 16 April. Bring your favorite board game or play one of ours.

Have You Moved? New Email?

Post and Auxiliary members, if you are not receiving the VFW magazines, please send an email with your new address to johnlyon3150@gmail.com. Also notify us if you have a new email address. Army.mil addresses are bouncing back.

Food Drive and Assistance

The Post will host a food drive for AFAC from 1 April to-31 May. Collection boxes will be available in the Post for your non-perishable donations.

The Post is also looking for 5 volunteers to support Arlington Food Assistance Center (AFAC) on Saturday 16 April and 7 May from 12:30 to 2:30 pm. Volunteers will sort and package produce for AFAC, a community-based organization that distributes groceries to Arlington families in need. Volunteers must be fully COVID vaccinated, including the booster shot. To volunteer, please send an email to johnlyon3150@gmail.com by 10 April.

Arlington Little League



Opening Day Ceremonies for Arlington Little League will take place at 1:30 pm on Sunday, 3 April, at Barcroft Park on Four Mile Run. As for many years, Post 3150 will provide a Color Guard for the ceremonies. The Post is the sponsor for the (NL) AAA Rays again this year. The games will proceed as scheduled when posted at

<http://www.arlingtonlittleleague.org/>

Facebook

Join us on Facebook to get the latest Post info:

John Lyon VFW Post 3150



Be a Volunteer! Join us for Highway Cleanup on Sat, 9 April

John Lyon Post will do our Spring Highway Cleanup on Saturday, 9 April, starting at 9 am. The Post has safety vests, pickup sticks (and even caps if you need one). It is recommended to wear long pants and hard sole shoes. Our area is both sides of Lee Highway between Veitch and Nash streets. We expect it to take about two hours. Come out and help us earn those signs and provide a community service.



**Warmer Spring Days.
Watch out for children
playing outdoors.**

**VFW Post Elections &
Corporate Meeting
Mon, 18 Apr 22
7:30 pm**

**VFW Auxiliary Elections
Tues, 19 Apr 22
7:30 pm**

Convention Time!

District Convention

The Tenth District Convention is scheduled for Sunday, 15 May at Dale City VFW Post 1503, 14631 Minnie Ville Road, Dale City, 703-670-4124. Meeting at 1 pm with lunch starting at 11:30 am. Both VFW and Auxiliary will meet and elect new officers.



Happy Easter and
Best Wishes for your
Observance of Passover

State Convention

The Department of Virginia's state convention will be held 9 – 12 June 2022 at the Renaissance Portsmouth -Norfolk Waterfront Hotel, 425 Water Street, Portsmouth VA,. For reservations call 1-888-839-1775. Room Rate: \$129.00. Group name "Virginia VFW". Reserve room by 9 May 2022 to insure group rates. Or use reservation link in April General Orders. (www.vfwva.org, then NEWS)

National Convention

The 123rd National Convention is scheduled for Kansas City, MO, July 16 - 21, 2022. The assigned hotel for Virginia is Crown Plaza. Kansas City Downtown. Special Room rates are available until 13 June. For info or to reserve, go to <https://www.vfw.org/Convention?sec=4>.

Tax Scams

It's income tax time again and the scammers are trying to get the rest of our money. The government does NOT do business via the phone or email. Do NOT respond to phone or email requests for your bank account, social security number and other similar info. And your SSN will never be suspended! So, any calls saying that are a scam. And the IRS will never send you an email; those are also scams.

**Courage is resistance to fear, mastery of fear —
not absence of fear**

---Mark Twain

Recent Events Around the Post



Kuwait Liberation

<<< Commander Nancy Springer leads a commemoration for the liberation of Kuwait during Operation Desert Storm in 1991.

Law Enforcement Officer

Arlington County Police Department >>> Detective Luis Ordonez receives Law Enforcement Officer of the Year award from Commander Nancy Springer while Chief of Police Charles Penn watches from the left.



Vietnam Vets Memorial Day

<<< Vietnam vet Jim Bertine leads a commemorative ceremony at the Post in connection with Vietnam Veterans Memorial Day. One hundred seventy-six Post members served in Vietnam plus a number of other vets who served during the years 1955-1975. March 29, 1973 was the day United States Military Assistance Command, Vietnam was disestablished and also the day the last U.S. combat troops departed Vietnam.



Recent Events Around the Post



Operation Restore Hope

<<< Commander Nancy Springer leads a commemoration of the end of Operation Restore Hope in Somalia.

Kosovo

Post member Karen Komar joins >>> Commander Springer during a Kosovo commemoration. Komar discussed some of her time in Kosovo as part of the remembrance of the start of the Kosovo campaign. She remained afterwards to answer more questions and provide further memories of her duty there. Fifty-seven Post members served in Kosovo and/or Bosnia.



Sheriff Officer of the Year

<<< Deputy Sheriff Michael Morton-Campbell (center left) receives the Sheriff Law Enforcement Officer of the Year from Commander Nancy Springer, while Captain Jose Quiroz watches from the left and Arlington County Sheriff from the right.

VFW 3150 April 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 G4V Group Guitar Lesson, 11:00 am	2 John Lyon born 2 April 1893 Bataan Death March, 6 pm
3 Arlington Little League Opening Day, 130 p, Barcroft	4	5	6	7	8	9 Highway Cleanup, 9 am G4V Group Guitar Lesson, 11:00 am.
10	11 House Committee / Post O Call, 7:00 pm,	12	13 GRIST meeting, 7 pm	14	15	16 G4V Group Guitar Lesson, 11:00 am. AFAC, 12:30pm
17 HAPPY EASTER	18 Post meeting 7:30 pm ELECTIONS Special Post Open Hours 4 - 7 pm	19 Auxiliary meeting, 7:30 pm ELECTIONS Special Post Open Hours 4 - 7 pm	20 Special Post Open Hours 4 - 7 pm	21 Special Post Open Hours 4 - 7 pm	22	23 G4V Group Guitar Lesson, 11:00 am.
24	25	26	27	28	29 G4V Group Guitar Lesson, 11:00 am	30 --> 1 May LOYALTY DAY



**Happy 129^h Birthday,
Lt John Lyon
2 April 1893 – 16 October 1918
Killed in action, World War I**



JOHN LYON POST # 3150

“All American Post”

Veterans of Foreign Wars

2116 North 19th Street

Arlington, Virginia 22201-3514

Dated Material Please Do Not Delay
April 2022

Loyalty Day?



You will notice elsewhere in this newsletter that May 1st is Loyalty Day. “What is Loyalty Day?” some of our newer members may ask.

In April 1965, Post Commander Ned Allred explained in the *Northern Virginia Sun*: “The Veterans of Foreign War created Loyalty Day to counteract Communist demonstrations against our American way of life...The Reds were using May Day for special celebration of their revolutionary drive against all freedom principles. It was their number one day on which to shout hatred for our ideals and to wave their hammer and sickle flag under our noses.” According to *History - Department of Virginia - Veterans of Foreign Wars of the United States - 1919 – 1969* (page 219): “Designed to stimulate and promote nationwide expression of Americanism and Patriotism, May 1st was

established by the National V.F.W. in 1947 as ‘Loyalty Day’; as an occasion for general observance and reaffirmation of our country’s basic concepts of Freedom...Gaining in significance and recognition yearly, it has within two decades developed into the Nation’s most outstanding observance of its character, to become declared by Congress as ‘a special day for public reaffirmation and demonstration of strong loyalty to country by all true citizens.’ Recent events in the Ukraine, the Middle East and elsewhere around the world continue to make Loyalty Day as appropriate for the Twenty-first Century as for the previous one.