

# The John Lyon Gazette

Volume 27, Number 4

October 2021



**Veterans of Foreign Wars**  
**John Lyon Post #3150**  
**2116 North 19<sup>th</sup> Street**  
**Arlington VA 22201**  
**703-525-0108**  
**<http://www.vfw3150.org>**



The John Lyon Gazette: Winner of 1999, 2003, 2004, 2007, 2009, 2010, 2011, 2016 2018, 2019, 2020 and 2021 Clair B. Poff Public Relations Award for Outstanding Newsletter, and Winner of National Awards for 2010, 2011



## 9-11 Work Day and Remembrance

Members of John Lyon Post and Team Rubicon joined together for a 9-11 Day of Service and Remembrance. The group cleaned out and reorganized the basement and spruced up the grounds of Post 3150. At the end of the day, Commander Nancy Springer led the combined group in a remembrance of the attacks on the nation on September 11 2001.

## ***From the Commander:***

Hello Comrades and Auxiliary Members---

On 9/11, we resumed our long-standing relationship with Team Rubicon by collaborating on a Post maintenance day as part of the 9/11 National Day of Service. Thanks to the House Committee for planning and conducting this worthwhile event. Immediately following the work day, we solemnly observed the anniversary of the tragic 9/11 attacks.

The Post is the Members and the Members are the Post! With that theme in mind, I want to get your feedback on Post operations and on the quality of the Post's support to you, our Members. There are several ways to provide your input. Since July, I've been calling Post Comrades on our Membership roster and have had meaningful, informative conversations with many of you. Attending a Post Membership Meeting (3d Monday of the month at 7:30 pm) either in-person or via Skype is another way to offer your input. You can also drop me an email at [johnlyon3150@gmail.com](mailto:johnlyon3150@gmail.com) or link up with me on Skype Wednesday evenings between 7:00 and 8:30 pm (EDT). I encourage you to reach out and let me know what you are thinking.

As you know, the VFW is our advocate at the national level for issues that benefit Veterans. Accordingly, the size of the VFW lends strength and clout to that work. Since each Comrade's Membership contributes to that strength, I urge you to renew your Membership before it expires. Also, I encourage you to consider converting your Annual Membership to a Life Membership, if your finances allow. A Life Membership guarantees you the benefits of the VFW for the rest of your life, eliminating the need to budget for each year's renewal payment (and remembering your Membership's expiration date!).

Thank you to everyone who volunteered his/her time and energy to the Post this past month! I appreciate your willingness to come forward and help the Post support the Members and other area Veterans. Nothing moves at the Post without our dedicated volunteers! Volunteer opportunities abound and are limited only by your interests. We can tailor an opportunity to fit your lifestyle or you can have a ready-made experience by joining one of our standing Committees, by running the Canteen for a few hours a month or by participating in one of our many freestanding events. All it takes is a willing spirit. If everyone does a little, the Post can accomplish a lot! Contact any of our Post Officers or drop me a line at [johnlyon3150@gmail.com](mailto:johnlyon3150@gmail.com) to get involved. Additionally, we have two Post officer positions available:

**Junior Vice Commander:** The JVC typically organizes Post activities and Community Outreach, while doubling as the Chair of the Community Outreach Committee. If you have a passion for getting out in the Community, spreading the VFW's message, and getting fellow Comrades involved, this position is for you.

**Guard:** Post Security is the Guard's primary duty. If you are enthusiastic about safeguarding and securing the Post home for our Comrades, you are a good "fit" for this position.

In conclusion, I challenge everyone to participate in one Post activity during the upcoming month. Whether it's attending a Service Birthday or helping clean our portion of Lee Highway or attending the Monthly Membership Meeting, get involved, contribute your unique viewpoint and talents to the Post, and meet some new Comrades!

Yours in Comradeship,  
Nancy Springer  
Commander, VFW Post 3150

## ***From the President of the Auxiliary:***

If you have not been by the Post home lately, things have changed in the types of food offered for sale. Two of our Auxiliary members are professional chefs, and they are using the Post kitchen to make meals for the non-profit DC Chefs Giving Back. They are supporting 22 locations that are feeding the homeless, food insecure and veterans in need. They make extra for the Post to sell for \$11 and the meals come with heating instructions. For each one that is sold, one is given away. When we did the Post clean-up in September, they tried out some recipes on us and the food was delicious. Support the Post and this endeavor if you can.

If you would like to assist us, send me an email at [cg12dc12@outlook.com](mailto:cg12dc12@outlook.com) or come to our next meeting and participate. We are being inspected this month so I will be at the Post on Tuesday October 19 at 6:30 pm. You may have a good idea how we can move forward. Soon we will be planning special support of the Ft Myer-Henderson Hall Joint Base families during the Thanksgiving and Holiday seasons. We have already reached out to the base about the possibility of continuing our support for active duty families in need of assistance. Any donations in support of this endeavor to both the Post and Auxiliary will be very welcome.

Now is the time to start thinking about and planning for our own holidays especially with Covid-19 and its variants. Will you be staying in town or going away? Will you be sharing the meals with family and friends or just doing your own thing? Will you include the military or veterans in your planning, or just family and friends? The next thing you know the New Year will be upon us.

For those who have not renewed their membership, please do so because that provides us the capital to assist veterans. If you need to renew your membership send a check for \$25 to our treasurer, Jodie LaFreniere-Dajc at the post address. If you have not received your card within two months let Jodie or myself know. You can email me at [cg12dc12@outlook.com](mailto:cg12dc12@outlook.com). Also, if you have a neighbor or friend who is eligible, the application is on the National website or send me an email with their contact information.

Remember that the Voice of Democracy and Patriot's Pen entries are to be at the Post Home by October 31<sup>st</sup>. The application and the rules can be found at the VFW.org and VFWAuxiliary.org websites.

As always check on the sick and elderly. Happy Anniversary and Birthday to those celebrating in October.

Cathy Graham

President VFW Auxiliary 3150

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## **Auxiliary107th Birthday**

<<< Auxiliary 3150 members Dennis Gerrity and President Cathy Graham cut the cake marking the VFW Auxiliary's founding 107 years ago in 1914 in order to support the VFW founded in 1898., as well veterans, military members and families, and promoting patriotism. Several Post members joined in celebration.



## Welcome to Our New Members

Welcome to new Post members Brian Acklin (Army – Bosnia)\*, Jeremy Anton (USAF - Korea)(Life)\*, Evan Farley (Navy – AFEM)\*, Brendan Hamilton (Navy – Iraq)(Life)\*, Mark Hyatt (Navy – AFEM)\*, Sean N Noonan (Army – Iraq / AfghanistanX2)\*, Earl Porter (Army – Afghanistan/Iraq)\*, RD Slough (Army – Korea)(transfer)\*, Tom Tucker (USAF – Korea X2 / ,+ and new Auxiliary member Katherine Kowalski, all elected at the August meetings, Membership cards for those with completed applications should be arriving in the next weeks.

### Hours for Post Canteen

The Post Canteen scheduled hours as follows  
Friday from 6-10 pm  
Saturday from 6-10 pm  
Sunday from 3-6 pm  
Post may extend hours for various events

## Newsletter via email and Weekly Email

If you are one of the few who still receive a printed newsletter and would like to receive it earlier and in color from our website via an email notice, please send an email to [johnlyon3150@gmail.com](mailto:johnlyon3150@gmail.com). You can also receive our weekly email by requesting it at the same John Lyon email.

## Many Members Set to Expire

We started a new membership year on 1 July. Many memberships are set to expire during the next months. Check your membership card for your expiration date and renew if necessary. Go to [www.vfw3150.org](http://www.vfw3150.org), then click on BECOME A MEMBER, then RENEW or go to [www.vfw.org](http://www.vfw.org) and click Renew in upper right corner for VFW members For Auxiliary, go to (<https://vfwauxiliary.org/>), then Malta for Auxiliary). Or send check for \$40 (\$25 for Auxiliary) to Post address on page 1.

## In-Person or Skype Meetings

The Post has resumed in-house post meetings; however, the Skype options will continue for members desiring to do so. If you are not attending meetings, but would like to via Skype, Post members email to [johnlyon3150@gmail.com](mailto:johnlyon3150@gmail.com). Auxiliary members: email to [cg12dc12@outlook.com](mailto:cg12dc12@outlook.com) with subject line “Meeting”.

## Comedy and Music Nights

Music Open Mic Night / Guitars for Vets is first Saturday, 2 October, 6 – 10 pm. Comedy Night will continue on alternate Friday nights, on the first and third Fridays, on 1 and 15 October, 7 - 9 pm.

## Meals from DC Chefs Giving Back

DC Chefs Giving Back have been getting great reviews. And for every purchase of a meal for \$10 they will give another meal to an in-need person, veteran or non-veteran. You can sign up to donate and obtain a free meal for yourself. **Meals can be picked up at the Post anytime we are open. (Add \$1 to cover taxes, etc, if you pay at the Post.)** Go to this link to sign-up for a no-cost meal: <https://www.surveymonkey.com/r/cxz3z7l>

More information on DC Chefs Giving Back is on Facebook at <https://www.facebook.com/DCCGB> or watch a meal preparation at <https://www.facebook.com/DCCGB/videos/1689318554791994>



**Happy 135th  
Birthday,  
Miss Liberty  
28 October  
1886-2021**



## U.S. Navy Birthday

The Post will celebrate the U.S. Navy Birthday with a cake cutting ceremony on Wednesday, 13 October at 7:30 pm. As usual, members of all services are invited to attend this celebration.

## Navy license plate

Virginia DMV may offer a U.S. Navy license plate for vehicles if a few more people sign up. You can follow us on Facebook @Navy.Plate.Va. The form is on the webpage <https://www.navyplatevirginia.com/home/navyplatepreorder/>

## Sunday Zoom Yoga

<https://us02web.zoom.us/j/84794722157>  
Meeting ID: 847 9472 2157  
Passcode: 024802  
No experience necessary. No expectations.



## Highway Cleanup 9 October

The Post has scheduled its periodic Highway Cleanup on Saturday, 9 October at 9 am. The Post has safety vests, pick-up sticks and trash bags. Wear long pants and come help us keep our sign!

## Have You Moved? New Email?

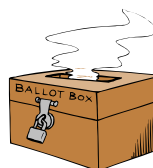
Post members, if you are not receiving the VFW magazine, please go to [www.vfw.org](http://www.vfw.org) and update your address or send an email with your new address to the Adjutant at [adjpost3150@vfwva.org](mailto:adjpost3150@vfwva.org). Also notify the Adjutant of a new email address. **Many army.mil addresses are bouncing back.**



**Watch out for little spooks and goblins on Halloween!**

## Bring Your Membership Card

Members of the Post and the Auxiliaries are reminded to show their membership cards to the on-duty manager when entering the Post home.



**Moved Recently?  
Are you registered to Vote?  
Deadline is 13 October in Virginia.  
[www.vote.virginia.gov](http://www.vote.virginia.gov)**

The mail deadline to request an Absentee Ballot is Friday, October 23, 2020. Your request must be received by your Registrar by 5:00 p.m. Request Absentee Ballot by appearing in person by 5:00 p.m. Saturday, October 31, 2020.

For info on Virginia elections, go to <https://elections.virginia.gov/> and click on "Upcoming Elections". And you will need a photo ID to vote.

## Schedule Updates

For the frequently updated openings, hours, and events, go to [www.vfw3150.org](http://www.vfw3150.org) and click on Calendar. Event updates can also be found on our Facebook page at JohnLyonVFWPost3150, the Post webpage, or in the weekly email. For info on activities, email to [johnlyon3150@gmail.com](mailto:johnlyon3150@gmail.com)

## Qualifying for VFW or Auxiliary Membership

Veterans who served overseas in an active or passive war zone are likely eligible for the VFW. The best indicator is receipt of an Expeditionary or Campaign Medal, although some other qualifiers exist. The most common are World War II, Korean War and subsequent service in country to the present, Vietnam War, Desert Storm, and the Afghanistan and Iraq Wars, but other campaigns and situations, such as Bosnia, Panama, Cuba, and Imminent Danger Pay also qualify. A DD Form 214 or other documentation which shows the qualification is required. Further information is available at the Post or email the Adjutant at [adjpost3150@vfwva.org](mailto:adjpost3150@vfwva.org)

Membership in the VFW Auxiliary is open to men and women whose Spouse, parent, grandparent, child, grandchild, sibling (and half-sibling who attain the status prior to the age sixteen) was or is eligible for membership in the Veterans of Foreign Wars of the United States of America. Documentation is required as it is for the Post. Members must also be at least sixteen years old. Those whose family members might be interested can get further information at the Post or email the President at [cg12dc12@outlook.com](mailto:cg12dc12@outlook.com)



Fire Prevention Week is observed each year during the week of October 9th in commemoration of the Great Chicago Fire, which began on October 8, 1871, and caused devastating damage. This horrific conflagration killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures, and burned more than 2,000 acres of land. See more at <https://www.nfpa.org/fpw>

## From the John Lyon Past...



“Big George” (1991)

In about August 2002 Past Commander Bill Jackson remembered when the cannon in front of the Post home, an artillery piece from World War II, was brought to 3150. Past Commanders J.T. Vance (1948-49) and Buddy Speakman (1949-50) went to Aberdeen Proving Ground about 1950 --- when they were releasing military surplus to veteran organizations --- and towed the cannon back to the Post. The plate on the cannon identifies it as “No 2196 NEF (?) Mechanism, Recoil 3 Inch Gun....M9A1 Rock Island Arsenal 1944” A 1991 photo shows it with the inscription “Big George” on the gun barrel. The inspiration for the inscription, as well as when it was added, is unknown, however 4 of 15 Post Commanders by 1950-51 had the name “George”: George Hooven (1939-40), George Tiddler (1943-44), the then current Commander, George E. Wey (1950-51), and the future State Commander George Dalby (1947-48).

## The Virginia Veteran

The state VFW newspaper, The Virginia Veteran, has been published. It is available at [www.vfwva.org](http://www.vfwva.org), then NEWS. Find at Volume 9, Issue 4, for August – October 2021.

# Students, Teachers, Scouts, Fire, Law Enforcement

The following is an overview of VFW programs and contests for students, teachers, and scouts, and First Responders.



**Voice of Democracy:** audio essay contest for grades 9 through 12. The 2021-2022 theme is "America: Where Do We Go From Here?" Deadline is Oct 31, 2021. Awards up to \$30,000. **NOTE: Entry should be recorded on CD or flash drive.**



**Patriot's Pen:** written essay contest for grades 6, 7 and 8. The 2021-2022 theme is "How Can I Be a Good American?" The deadline is Oct 31, 2021.

The National Association of Secondary School Principals has placed the above programs on the NASSP National Advisory List of Contests and Activities for 2021-2022.

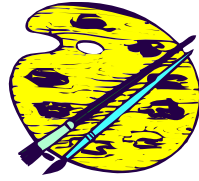


**Teacher of the Year:** top elementary, junior high and high school teachers who teach citizenship education topics regularly and promote America's history, traditions and citizenship. Fellow teachers, supervisors or other interested individuals can submit nominations by Oct 31, 2021. The national teacher --- and his/her school ---- each receive a certificate and a likely financial award.



2022. Early opportunity

**Scout of the Year:** Any recipient of an Eagle Scout, Girl Scout Gold Award, Venture Summit Award, or Sea Scout Quartermaster Award may qualify. Deadline is March 1, submission / interest may provide for additional trip for the Scout.



VFW Auxiliary's Young American Creative Patriotic Art Contest: grades 9 - 12. Deadline is March 31, 2022. Go to

<http://www.vfwauxiliary.org>, then Scholarships, then Young American Creative Patriotic Art Brochure. Follow above link to see winners since 1979, including last year,

Above awards are presented at post, district, state, and national levels and can add up to thousands of dollars. Deadlines are to Post 3150 (or your local post).

Further information, including entry forms, brochures, and background, are available, except as noted above for Patriotic Arts, at [www.vfw.org](http://www.vfw.org), then Community, then Youth and Education, then on one of the four programs. Forms and information may also be obtained at <http://www.vfwva.org/>, then Programs. You may also call Post 3150 at 703-525-0108 or email [adjpost3150@vfwva.org](mailto:adjpost3150@vfwva.org) for further information.



**Continuing Education Scholarship.** Additionally, the VFW Auxiliary sponsors a scholarship for an Auxiliary member or the spouse or child of a member. Deadline to apply is 15 February 2022. Website same as Patriotic Art above but final click on Continuing Education.



**Firefighter, EMT, Law Enforcement Nominations** due 10 December.

Nominations for Public Service Awards --- Law Enforcement Officer, Firefighter, and EMT of the Year --- are due at the Post by 10 December. Nominations include a resume of nominee's background and background in applicable area, resume of accomplishments in field, photograph, title and address. For info email [adjpost3150@vfwva.org](mailto:adjpost3150@vfwva.org)



# Recent Events Around the Post



## WWII and OIF

<<< Members (l to r) Nick Knowles, Nancy Springer, David Nelson, John McCarthy, Amanda Nelson, and J. Gary Wagner gather following ceremonies to remember the end of World War II and the Operation Iraqi Freedom.

## POW / MIA

C.D. "Doc" Crouch gives tribute and >>> reviews POW / MIA matters during the POW/ MIA Remembrance Day ceremonies held at the Post.



## Air Force Birthday

<<< (l to r) Air Force vets and Post members Adam Wasieleski and J.Gary Wagner are joined by VFW member Shane Sandlin in cutting the 74<sup>th</sup> anniversary cake for the U.S. Air Force. Several messages and a brief history opened the ceremony.



# VFW 3150

## October 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Voice of Democracy, Patriots Pen, and Teacher of the Year Deadline 31 October by 6 pm</p>					1	2
					Comedy Night, 7 pm	Guitars for Vets Music Open Mic Night, 6 p
3	4	5	6	7	8	9
Zoom Yoga, 11am	,			Start of Operation Enduring Freedom, 5 pm		Highway Cleanup, 9 am Post Work Day 3 ap
10	11	12	13	14	15	16
Zoom Yoga, 11am	COLUMBUS DAY  House Committee / Post O Call 7:00 pm		Register to Vote deadline in Virginia  U.S. Navy Birthday 7:30 pm		Comedy Night, 7 pm	p
17	18	19	20	21	22	23
Zoom Yoga, 11am	Post meeting 7:30 pm	Auxiliary meeting, 7:30 pm				
24	25	26	27	28	29	30
Zoom Yoga, 11am  Football 12 n						
31	<p>Buddy Poppy Distribution, Ft Myer Commissary, 10 am – 3 pm Sunday – Friday, 31 Oct – 5 Nov</p> <p>Event updates can be found on our Facebook page. “Like” us at “John Lyon VFW Post 3150”. Also check <a href="http://www.vfw3150.org">www.vfw3150.org</a>, then Announcements or Calendar for daily hours and events updates.</p>					
Zoom Yoga, 11 a  Contests Deadline 6 pm  HALLOWEEN						



**JOHN LYON POST # 3150**  
**“All American Post”**  
**Veterans of Foreign Wars**  
**2116 North 19<sup>th</sup> Street**  
**Arlington, Virginia 22201-3514**

**Dated Material Please Do Not Delay**

**October 2021**



**EVERYTHING  
WE DO, WE DO  
FOR VETERANS.**

**VFW**  
VETERANS OF FOREIGN WARS

Learn more or join at [vfw.org](http://vfw.org).