

The John Lyon Gazette

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May 2021



Veterans of Foreign Wars
John Lyon Post #3150
2116 North 19th Street
Arlington VA 22201
703-525-0108
<http://www.vfw3150.org>



The John Lyon Gazette: Winner of 1999, 2003, 2004, 2007, 2009, 2010, 2011, 2016 2018, 2019, and 2020 Clair B. Poff Public Relations Award for Outstanding Newsletter, and Winner of National Awards for 2010, 2011

Funeral of a Marine



Funeral of a Marine

A lady in California posted a message for her brother's funeral on a Post 3150 bulletin board. Due to age and COVID, family members could not attend. The Post passed it to our members and to other local veteran organizations. John McCarthy (maroon jacket, center) and Nick Knowles (right behind him) were among the members of John Lyon Post attending the funeral. Others included Doc Crouch, Cathy Graham, Royes Gernadt, Thomas Liu, and Nancy Springer. Zac Mathews did a training tribute fly-over in a Coast Guard helicopter. Chaplain Crouch reported to her and sent photos: "There were over 100 persons in attendance: members from at least two VFW Posts (VFW-3150, Aux-3150 and VFW 7327), two American Legion Posts (176, 177 and Riders), Military Order of the Purple Heart and Marine Corps League as well as numerous active duty and retired military personnel She wrote back: Thank you for all of the photos and your attendance at the committal service. I don't have enough words to express the amount of thanks I have for all of the attendees."

Sincerely, Frances J. Thomas

Family of Sgt. Anthony M. Evans USMC

From the Commander:

Greetings All. Congratulations to our slate of Post Officers-elect for the coming 2021-2022 term. It is fitting, I think, that we enter the Post-COVID-19 era with fresh leadership, and comrades Nancy Springer, Sam Wong, and Michael Bouchard have my utmost confidence and support. I know that they will accomplish great things.

It has been so rewarding to serve as your Post Commander this past year. I have been extremely impressed with the way that many of you stepped up to support the Post in a time when our primary source of funding and fellowship was severely hampered. Thank you so much for supporting the Post, even when we couldn't get together.

I want to offer a special thanks to my fellow Post Officers, all of whom provided steadfast support throughout my term. The collective knowledge and experience of our Past Post Commanders, many of whom still serve as Post officers, has helped me at every turn during the last year. Also, our Post House Committee, under the leadership of Chanda Choun, has completed a herculean effort to identify and prioritize improvement projects for our Post home. They are to be commended for that success. A VFW Post lives and dies by the level of engagement from Post Officers, and we at Post 3150 are blessed to have some of the very best.

As we enter this new phase of reality, I would ask you to consider participating in some of our upcoming community service activities. You can also support our veterans' outreach with a donation to our Buddy Poppy drive, which goes directly to the Post Relief Fund. If you're able, please stop in and welcome the new Post leaders, and check out the growing schedule of activities in our Post canteen. We'd love to have you be a part of the fun as we work to make up for lost time.

Thank you for allowing me the honor of leading John Lyon VFW Post 3150,
Yours in comradeship,

Nick Knowles
Post Commander

From the President of the Auxiliary:

Thank you to everyone who helped this past year. Whether through donations or assisting in other ways during this trying year. Hopefully being able to get a vaccine will allow us to meet in person again soon. Right now, the District 10 Convention on May 2 will be a combination of in person and electronic means. The Department Convention on June 2-6 will also be a combination of in person and electronic means. The National Convention July 31 – Aug 5 in Baltimore, MD is cancelled and National VFW is looking for a new site.

We held our elections at our April meeting. Everyone agreed to stay in their position for the coming year. Thank you everyone for agreeing to do this. If someone else wants to participate in the officer core of the Auxiliary, contact me and we will find a place for you. As the old year comes to a close, we have grown as an entity, by learning new means of operating. Having a meeting does not mean always meeting in person, it can be accomplished through Skype calls. This allows more participation by those not able to come to the Post home. Hopefully, the National Organization realizes the value in being able to conduct meetings this way. After all participation this way by members who find it very difficult to attend in person brings a greater dynamic to our works.

Look to the VFW Post 3150 Facebook page for updates on Memorial Day activities.

There are several commemorations in May besides Memorial Day. We have Loyalty Day on May 1, Mother's Day on May 9, Peace Officers Memorial Day on May 14, and Armed Forces Day on May 15. Each of these

days provide one with a reason to celebrate family and friends, and the benefit of being a citizen of our great nation.

As always check on the sick and elderly. Happy Anniversary and Birthday to those celebrating in May.

Cathy Graham
President VFW Auxiliary 3150

Wildfire Community Preparedness Day



Wildfire Community Preparedness Day is a national campaign that encourages people and organizations everywhere to come together on a single day to take action to raise awareness and reduce wildfire risks.

It is held in the United States and Canada on the first Saturday in May. Given that in-person gatherings are limited or on-hold in many places, this year's Prep Day is focused on what residents can do on and around their home to help protect against the threat of wildfires.

NFPA has created Prep Day to raise awareness of wildfire risk, to share information and knowledge, and to help residents make changes to improve the survival of their homes and neighborhoods. For more information, go to <https://www.nfpa.org/Public-Education/Fire-causes-and-risks/Wildfire/National-Wildfire-Community-Preparedness-Day>

Springer Elected Post Commander, Graham, Auxiliary President Installation TBD

Nancy Springer was elected as Post 3150 Commander for the coming year during April elections. And Cathy Graham the Auxiliary President. Springer is the first female to be so elected in the Post's history. Installation of Officers is listed on the next page. All new officers assume their duties when the new State Commander is installed at the state convention in Portsmouth, 6 June. See below for more new officers.

New Post Officers for 2021-2022

Commander - Nancy Springer
Senior Vice Commander – Sam Wong
Junior Vice Commander – Michael Bouchard
Quartermaster – Jim Bertine
Chaplain – C.D. "Doc" Crouch
Adjutant - J Gary Wagner
Advocate – Wayne Bertino
Surgeon - Thomas Liu
Service Officer - Zac Mathews
1 Year Trustee – Wayne Bertino
3 Year Trustee – Nick Knowles
3 Year House Committee –John McCarthy

Auxiliary Officers for 2021-2022

President: Cathy Graham
SV President: Shirley LaFreniere
JV President: Wauleah Ellison
Treasurer: Jodie LaFreniere-Dajc
Chaplain: Gail Hoffman

Secretary: Cathy Graham
3 YR Trustee: Shirley LaFreniere
2 YR Trustee: Gail Hoffman
1 YR Trustee: Dennis Gerrity

Welcome to Our New Members

Welcome to new Post members Ana Diaz (Navy – GWOTEM), Ryan Crockette (USAF – Bosnia/ Kosovo / Iraq), Michael Fortney (USMC – Desert Storm)(transfer), Brad Gayle (Army – Iraq / Desert Storm / GWOTEM / CAR)(transfer, Matthew Guerra (Army – AfghanistanX2/Ira /Gulf War), Francis Hannon (Army – Korea Service), Anthony Marra (Army – Vietnam), Alexander Nance (Army – GWOTEM), and Frank Demeraski (transfer), and new Auxiliary members Krystle Bransky and Rich Stone, all who were elected at the April meetings, some needing to provide further documentation for their membership to be processed.

Marching Off...

Donald A Wagner, Sr, 76, Auxiliary 3150 Member, on 28 April in Parker, Colorado. He was brother to Auxiliary 3150 members Kim Canatsey, and Kurt, Mark, Rick, and Greg Wagner, and Post member J.Gary Wagner. Burial in Colorado.



Skype Meetings

Because of the COVID-19 virus we are currently meeting via Skype. If you are not attending meetings, but would like to, send an email to one of the following to get access. Post members: to johnlyon3150.org@gmail.com. Auxiliary members: to cg12dc12@outlook.com with subject line “Meeting”

Hours for Post Canteen

The Post Canteen is open as follows:
Friday from 6-10 pm
Saturday from 6-10 pm
Sunday from 3-6 pm
Post may extend hours for various events.

Installation of New Officers

Installation of new officers for the next year will be divided in keeping with COVID recommendations. Post officers will be installed in person at the meeting on Monday, 17 May starting at 7 pm. The Auxiliary will install at their meeting on Tuesday, 18 May at 7”30 pm.

District Convention

The Tenth District Convention is scheduled for Sunday, 2 May at Dale City VFW Post 1503, 14631 Minnie Ville Road, Dale City, 703-670-4124. Meeting at 1 pm with lunch starting at 11:30 am. Both VFW and Auxiliary will meet and elect new officers.

State Convention

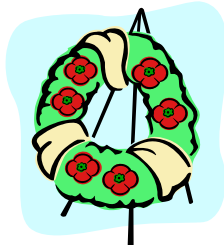
The Department of Virginia’s state convention will be held 3 – 6 June 2021 at the Renaissance Portsmouth - Norfolk Waterfront Hotel, 425 Water Street, Portsmouth VA, telephone 1-888-839-1775-3000. Room Rate: \$125.00. Group name “Virginia VFW”. Reserve room by 3 May 2021 to insure group rates.

National Convention

The 122nd National Convention is scheduled for Baltimore, MD, July 31-Aug. 5, 2021 has been cancelled. An alternate site has not yet been announced. For info or to reserve, go to <https://www.vfw.org/Convention>.

Commander in Chief Homecoming

The Homecoming for Virginia’s own Commander-in-Chief, Hal Roesch, is scheduled for the weekend of July 8-11, 2021. Information is available at www.vfwva.org



Memorial Day

Post 3150 members will conduct a ceremony at “John Lyon Memorial” on Memorial Day at 11 am. Also known as the Cherrydale War Memorial, it stands on the 29th Division Highway, i.e., Lee Highway / Route 29, as it passes through Cherrydale. It is across the street from the Safeway at 3713 Lee Highway and on the grounds of the Cherrydale Healthcare Center, about a half a mile west of I-66. John Lyon Post will also tentatively join American Legion posts in ceremonies at the Clarendon War Memorial, just west of the Clarendon Metro Station. Check Facebook or the Post webpage for times and confirmation of these events. A complete proposed weekend schedule can be found on the back page.

Memorial Day Grave Decorations

John Lyon members expect to place floral decorations on the graves of members and their families at three local cemeteries over Memorial Day weekend. Meet at the Post by 12:30 pm on Friday, 28 May to go first to National Memorial Cemetery and then Columbia Gardens Cemetery. Meet at the Post by 9 am to go to Arlington National Cemetery on Saturday, 29 May. If you have an auto permit for Arlington, please bring it with you. **NOTE: Arlington National Cemetery currently is gradually reopening. We are waiting information on Memorial Day visits. Watch for developments in our Facebook page, our website, and in the Weekly email.**

Memorial Day Decorations

We are in need of volunteers to help assemble the decorations for the cemetery visits. We will do this Sunday, 17 May between 3 and 6 pm. Please come and help out!

Memorial Day Cookout

The Post will have a Memorial Day Cookout on Sunday, 30 May between 3 and 6 pm. For your donation.



Happy Mother's Day to all our Mothers and wives! Wherever you are, you are close to our hearts.

Schedule Updates

For the frequently updated openings, hours, end events, go to www.vfw3150.org and click on Calendar or Announcements. Event updates can also be found on our Facebook page at John Lyon VFW Post 3150. or for info on activities, 703-525-0108 or email to johnlyon3150@gmail.com.

Sunday Zoom Yoga: 11 am

Join Zoom Meeting

<https://us02web.zoom.us/j/84794722157>

Meeting ID: 847 9472 2157

Passcode: 024802

No experience required, no expectations or competition; do what you are able to do.



**Spring Days.
Watch out for children
playing outdoors.**

Facebook

Join us on Facebook to get the latest Post info:
John Lyon VFW Post 3150

Comedy Night, 7 and 21 May

Comedy Night is scheduled for the first and third Friday of each month., this month 7 and 21 May. Not “Open Mic Comedy Night”, but pros and semi-pros. Starts at 8 pm. Canteen open 6 – 10 pm. Social distancing and masks.



**Loyalty
Day
May 1st**

Loyalty Day originally began as "Americanization Day" in 1921 as a counter to the Communists' May 1 celebration of the Russian Revolution. On May 1, 1930, 10,000 VFW members staged a rally at New York's Union Square to promote patriotism. Through a resolution adopted in 1949, May 1 evolved into Loyalty Day. Observances began in 1950 on April 28 and climaxed May 1 when more than five million people across the nation held rallies. In New York City, more than 100,000 people rallied for America. In 1958 Congress enacted Public Law 529 proclaiming Loyalty Day a permanent fixture on the nation's calendar.

New Voice of Democracy and Patriot's Pen Themes

The 2021–22 themes have been chosen by Senior Vice Commander-in-Chief Matthew M. “Fritz” Mihelcic. The Voice of Democracy theme (High School (9-12) will be “Where Do We Go From Here?” and the Patriot's Pen theme (Middle School 6 – 8) will be “How Can I Be a Good American?” For more info: Voice of Democracy: go to vfw.org/VOD/
Patriot's Pen: vfw.org/PatriotsPen/ (below VoD)

Have You Moved? New Email?

John Lyon Post members, if you are not receiving the VFW magazine, please go to www.vfw.org and update your address or send an email with your new address to the Adjutant at adjpost3150@vfwva.org Also notify the Adjutant of a new email address. Auxiliary notify the President at cg12dc12@outlook.com,

**Drive safe:
Spring means
longer days
and
more kids
outside.**



**HELP THE
BUDDY
POPPY
TEAM!**



Buddy Poppy Drive

The Post's main resource to helping veterans in need and supporting patriotic programs is the Relief Fund. The chief resource (beside donations to the fund) is the Buddy Poppy Drive. After a year's lockdown everywhere the Relief Fund is sadly down to emergency levels. To replenish the Relief Fund, we will be conducting a buddy Poppy Drive in the week prior to Memorial Day. We will set up at the Commissary and Army Class 6 store at Myer-Henderson Hall. Hours are between 8 am and 2 pm, although some variations possible. It is also possible to set up at various stores around Arlington (only) with permission of the store manager. If you can help out for a two-hour shift or more, including supplies, contact John McCarthy at ace501mack@hotmail.com

Jonathan I Coleman: VFW Post 3150 Scout of the Year

Jonathan I Coleman of Woodbridge, Virginia was named Post 3150 Scout of the Year. He is a member of Boy Scout Troop 964 in Dale City, Virginia and has been a Scout since 2011. When the Coronavirus broke out last spring, his Eagle Scout project took form: conducting a food drive for his local area faced with food insecurity. Jonathan Coleman and his fellow Scouts stapled a flier to bags and distributed them to the houses in the neighborhoods. Two days later they picked them up later and sorted and divided the returns into two equal parts and donated them to two churches. The drive collected a 3824.87 pounds of donations "far exceeding my expectations" to two food pantries His application was endorsed by two local churches (and denominations) in his community for his over-all excellence as a Scout leader. For this and his other activities he is Scout of the Year. He is junior at Charles J. Colgan Sr High School in Manassas., where he is a National Honors Society Inductee, and has a number of other honors and activities.



MIDN 1/C Alexandra Hudepohl Receives VFW Medal for ROTC Cadets at GWU

----- Original message -----

From: Alexandra Hudepohl <

Date: 4/27/21 4:39 PM

To: Commander Knowles

Subject: VFW Outstanding Graduate Award MIDN 4/C Hudepohl

Good Afternoon Mr. Knowles,

I am MIDN Alexandra Hudepohl and I just wanted to thank you so much for the award I received this past Friday: VFW Outstanding Graduate Award.

I am so grateful for such an honor, and I wanted to reach out and let you know how incredibly inspiring this award has been for me. As new Midshipmen I still have a lot left to learn, but this recognition will serve as another motivator to keep pushing forward in my Marine Corps journey.

Thank you again, Mr. Knowles, for your continued support by considering me for this award. The Capital Battalion and I are invariably grateful for VFW's relationship with our unit; I hope my work in the coming years can prove worthy of such an honor.

Very respectfully, MIDN Hudepohl

Recent Events Around the Post



Highway Cleanup

<<< Posing for the photo before going out to our section of Lee Highway for spring Highway Cleanup are (l to r) Jody Daniels, Nick Knowles, Nancy Springer, Jake Monaco, John McCarthy, Michael Bouchard, and Cathy Graham. Photo taken by Bouchard's son, Adam.

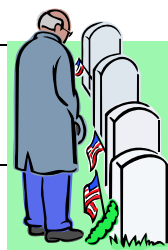
Joseph W. Mazel, Scoutmaster, Boy >>> Scout Troop 164 in Arlington, his daughter (and a Scout) Megan, receive four bags of collected flags from J.Gary Wagner. The flags will be retired in a ceremony by the Scouts, likely during an upcoming camp-out.



<<< Players from the Post-sponsored AAA Rays watch from the dugout for their turn at bat during a recent Arlington Little League game. The Rays won their gam.

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VFW 3150



May 2021

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|---|--|--|----------|--|--|---|
| | | | | | | 1 LOYALTY DAY | |
| 2 Yoga via Zoom, 11 am | 3 | 4 | 5 (tentative) GRIST mtg, 7 pm | 6 | 7 | 8 VE DAY | |
| 9 MOTHERS DAY Yoga via Zoom, 11 am | 10 Skype: House Committee / Post O Call 7 pm | 11 | 12 | 13 | 14 NAT'L- PEACE OFFCRS MEMORIAL DAY | 15 ARMED FORCES DAY | |
| 16 Mem Day decorations, 3 – 6 pm Yoga via Zoom, 11 am | 17 In person, Skype: Post Mtg 7:00 pm | 18 Skype: Auxiliary Mtg 7:30 pm | 19 | 20 | 21 | 22 | |
| 23 Yoga via Zoom, 11 am | 24 Buddy Poppy distribution all week -> | 25 | 26 | 27 | 28 Columbia Gardens & Natl Meml Cemetery Graves Dec 1 pm | 29 Arlington Natl Cemetery Graves Dec 9 am (tentative) | |
| 30 Cookout, 3 – 6 pm Yoga via Zoom, 11 am | 31 (tentative) John Lyon Mem – 11am Clarendon – 1 pm | ←---- MEMORIAL DAY | | | 3 State Convention, Posrtnouth | 4 State Convention, Posrtnouth | 5 State Convention, Posrtnouth |

www.vfw3150.org, johnlyon3150@gmail.com, or 703-525-0108 for information



JOHN LYON POST # 3150
“All American Post”
Veterans of Foreign Wars
2116 North 19th Street
Arlington, Virginia 22201-3514

Dated Material Please Do Not Delay

May 2021

VFW Post 3150

Tentative Memorial Day Weekend Schedule 28 - 31 May Tentative

All Week: Buddy Poppy Drive at Ft Myer

Fri: 1pm: Meet at Post for Columbia Gardens and National Memorial Cemetery graves decoration.

Sat: 9 am: Meet at Post for Arlington National Cemetery graves decoration.

Sun: 3 – 6 pm: Cookout

Mon: 11 am: “John Lyon Memorial”, Cherrydale

1 pm: Clarendon War Memorial

2 – 5 pm: Open House

Tentative Memorial Day Weekend Schedule 28 - 31 May Tentative