

# The John Lyon Gazette

Volume 26, Number 5

November 2020



Veterans of Foreign Wars  
John Lyon Post #3150  
2116 North 19<sup>th</sup> Street  
Arlington VA 22201  
703-525-0108  
<http://www.vfw3150.org>



The John Lyon Gazette: Winner of 1999, 2003, 2004, 2007, 2009, 2010, 2011, 2016, 2018, 2019 and 2020 Clair B. Poff Public Relations Award for Outstanding Newsletter, and Winner of National Awards for 2010 and 2011



## Remembering the Korean War

VFW Post 3150 hosted a special Korea War ceremony at the end of September. Our guest speaker was Hanna Kim, ambassador for the Korea War Veterans Memorial Foundation, and founder of Remember 727. Col (ret) James Fisher, Korea War Veterans Memorial Foundation, presented the Republic of Korea's Ambassador for Peace Medal to Korean War vets James Thomas (in red jacket, center) and Fred Barrett (who could not attend. We are working on getting his medal to him). Post member Sam Wong was coordinator for Post 3150.



(above) Hannah Kim explains the origins of Remember 727 to the audience. "727" refers to July 27<sup>th</sup>, the date of the Korean War Armistice. (right) Col James Fisher presents the Ambassador for Peace Medal to Korean War veteran James Thomas.



## **From the Commander:**

Comrades and Friends,

I want to offer my deep gratitude to the Post members and Officers who participated in the last monthly meeting. I can't express how helpful it is to have that kind of interest and diversity of opinion in our deliberations. It's my hope that even more of you will log in to our virtual meetings as we navigate the many and significant challenges that the Post is facing this year. I would also like to personally thank comrades Fritz Gottschalk, Sam Wong, and John Dingeman for volunteering to serve as Post officers. In addition, Sam has volunteered to take on the duties of Canteen Manager. With their support, and yours, we will come out the other side of this with a clear path to a sustainable, and productive Post, that meets the changing needs of today's veteran.

That said, we are still looking for more volunteers to help the Post out. We need folks to assist with the distribution of Thanksgiving dinner baskets to eligible servicemembers, we have some additional Post Officer and Post Auxiliary Officer vacancies, and we will need additional volunteer bartenders if we intend to maintain consistent Post canteen operating hours. If you're willing to support any of these efforts, please feel free to reach out to me directly at [johnlyon3150@gmail.com](mailto:johnlyon3150@gmail.com).

I also wish to thank those Post members and Auxiliary members who participated in our recent highway cleanup event. Efforts like these show folks that we are here, contributing to the good of the community. If anyone has ideas for similar activities we can conduct, while responsibly maintaining social distancing and protective measures, please bring those ideas to the next meeting.

Thanks again for supporting the Post. We are working hard to get to a place where we can focus more on supporting Veterans and their families, but in order to get there, we must get our house in order. The more of you participate, the sooner we'll get there.

Yours in comradeship,

Nick Knowles  
Post Commander  
VFW Post 3150

## **From the President of the Auxiliary:**

We are now in November which starts a busy time beginning with Election Day on Tuesday, November 3 and ending with New Year's Day, January 1, 2021. Remember you can make a difference by exercising your freedom to vote on Election Day.

Look at the Post website for information about the USMC birthday celebration on November 10<sup>th</sup>. On November 11 our Veteran's Day Ceremonies will be at the Cherrydale Nursing Home and at the Clarendon War Memorial. Check the Post website for times for both ceremonies and other activities. Come to both ceremonies to remember our Veterans, both those currently serving and former members of the military. We will be practicing safe distancing and properly masked.

Thanksgiving Day is a time to celebrate family and friends. For those fortunate enough to live close to family, the decision to visit with them must be considered against their comfort level with the risk of contracting the Coronavirus. For those who live farther away phones and electronic meetings are the way to stay in touch. This year we will again be supporting our military members based at Ft. Myer-Henderson Hall for Thanksgiving and Christmas. For Thanksgiving we will be giving them the groceries for a full day of meals plus a turkey with all

of the trimmings. With the Post home limited in being open any donations to support our efforts in this endeavor are welcome and greatly appreciated. This will be delivered on Saturday November 21 in time for Thanksgiving.

Annual membership dues are now being accepted. You can pay our treasurer, Jodie LaFreniere-Dajc at the post address by \$25 check or go to the National Auxiliary website and pay by credit card. If you have not received your card within two months let Jodie or myself know. You can email me at [cg12dc12@outlook.com](mailto:cg12dc12@outlook.com). Also, if you have a neighbor or friend who is eligible, the application is on the National website or send me an email with their contact information.

As always check on the sick and elderly. Happy Anniversary and Birthday to those celebrating in November.

Cathy Graham  
President VFW Auxiliary 3150

## Welcome to Our New Members

Welcome to new Post members Andrew Alcocer (Army - Afghanistan) (transfer), Daniel Brick (Navy – GWOTEM)(transfer), Davy Leghorn (Army – Korea Defense Service)(Life transfer). and new Auxiliary member Eric Gerrity, all elected at the September meetings.

### *Marching Off...*

**T.A. “Teddy” McDonald**, 83, passed away in his sleep on July 20, 2016 in Roanoke, VA. Ted served in the Security Service of the Air Force in Korea and Japan. Ted spent most of his working career in Arlington, VA. and its environs. After retiring, he was President of the North Virginia Golf Association. He moved to Roanoke some years ago. He was buried in Arlington National Cemetery.

### Hours for Post Canteen

The Post Canteen is open as follows:  
Every Friday from 6-10 pm  
Every Saturday from 6-10 pm  
Every Sunday from 3-6 pm  
Post may extend hours for various events.



## Post Veterans Day Ceremonies New times, new events

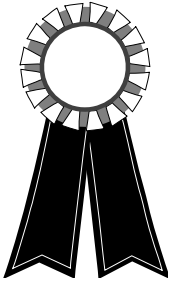
John Lyon members will find a change for Veterans Day activities from earlier years. **First** gather at (new time) **10:45 am** on Wednesday, 11 November at the “John Lyon Memorial” --- across the street from the Safeway (3713 Lee Highway) on the grounds of the Cherrydale Healthcare Center --- for a short wreath-laying ceremony. This will conclude with participation in Bells for Peace initiative and we will ring our bell 21 times in remembrance of the fallen. This will be followed by a short Post ceremony **at the Clarendon War Memorial, estimated to start around 11:20**. This memorial is in the center of Wilson and Clarendon Boulevards where Washington Boulevard crosses and is just west of the Clarendon Metro stop. Both events are family-friendly and an ideal event to reinforce history and patriotism for your sons and daughters --- or grandchildren, if they’re nearby.

### Have You Moved?

Post members, if you are not receiving the VFW magazine, please go to [www.vfw.org](http://www.vfw.org) and update your address or send an email with your new address to the Adjutant at [adjpost3150@vfwva.org](mailto:adjpost3150@vfwva.org) **Also notify the Adjutant of a new email address**

### VoD, Patriot’s Pen, Teacher of the Year

Deadline for entries to the Post is **8 pm, Saturday, 31 October**.



**Be a Winner: Vote!  
Tuesday, 3 November  
Study the issues.  
Your vote counts!**

For info on Virginia elections, go to  
<https://elections.virginia.gov/> and click on  
"Upcoming Elections"  
You may need a photo ID to vote.



**Post 3150 to Mark 86<sup>th</sup> Birthday**

John Lyon Post 3150 will celebrate its 86<sup>th</sup> birthday at 7 pm on Friday, 20 November. The Post was chartered on 20 November 1934. All members are invited to join in the celebration.

**Hours for Post Canteen**

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Every Saturday from 6-10 pm  
Every Sunday from 3-6 pm  
Post may extend hours for various events.

**Skype Meetings**

Because of the COVID-19 virus we are currently meeting via Skype. If you are not attending meetings, but would like to, send an email to one of the following to get access. Post members: to [john-lyon3150.org@gmail.com](mailto:john-lyon3150.org@gmail.com). Auxiliary members: to [cg12dc12@outlook.com](mailto:cg12dc12@outlook.com) with subject line "Meeting"

**More on Veterans Day**

Vets: remember to wear the medals you earned during military service on Veterans Day.

Complete Vet Day Weekend schedule can be found on back page

Veterans Day 2020 discounts, dinners, etc., for vets: Go to <https://militarybenefits.info/veterans-day-discounts-sales-deals-free-meals/>



**U.S. Marine Corps Birthday  
10 November 2020  
Tuesday, 8 pm  
Post Open 5 – 10 pm  
Dinner from 5 - 7 pm**

**Sunday Zoom Yoga: 11 am**

Join Zoom Meeting

<https://us02web.zoom.us/j/81258844896>

Meeting ID: 812 5884 4896

No experience necessary. No expectations, no pressure. Do what you can do.



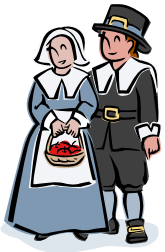
**Thanksgiving Baskets**

Post and Auxiliary members will prepare Thanksgiving baskets including turkeys and all the trimmings necessary for a festive holiday dinner for junior enlisted personnel in our area. The preparations will begin at 9 am on Saturday, 21 November. Delivery to Fort Myer will follow. Come join in with this spirit of Thanksgiving.

## Commander's Survey Results

The Commander's survey of Post and Auxiliary Members is now complete. Thanks to those who took the time to participate and share their views on the way forward for the Post. To be a part of future endeavors and changes, please continue to read our weekly emails and monthly newsletter, and please participate in monthly meetings.

The survey results may be viewed at: <https://www.vfw3150.org/member-survey>



*Happy Thanksgiving!*

## Post Installs New HVAC: Donations?

The Post had to install a new HVAC system which cut into our operating funds. If you make end of the year charitable donations, remember the Post: consider sending a tax-deductible check to VFW Post 3150, 2116 North 19<sup>th</sup> Street, Arlington VA 22201. The VFW --- and Post 3150 --- is an IRS Code 501(c)19 tax exempt organization. All donations are restricted to Post projects and expenses and the post could use the assistance to resupply its accounts and get ready for the new year.

## Bring Your Membership Card

Members of the Post and the Auxiliaries are reminded to show their membership cards to the on-duty manager when entering the Post home.

## Schedule Updates

For the frequently updated openings, hours, end events, go to [www.vfw3150.org](http://www.vfw3150.org) and click on Calendar or Announcements. Event updates can also be found on our Facebook page at John Lyon VFW Post 3150. or for info on activities, email to [john-lyon3150@gmail.com](mailto:john-lyon3150@gmail.com). or 703-525-0108

## Qualifying for VFW or Auxiliary Membership

Veterans who served overseas in an active or passive war zone are likely eligible for the VFW. The best indicator is receipt of an Expeditionary or Campaign Medal, although some other qualifiers exist. The most common are Korean War and subsequent service in country to the present, Vietnam War, Desert Storm, and the Afghanistan and Iraq Wars, but other campaigns and situations, such as Bosnia, Panama, Cuba, and Imminent Danger Pay also qualify. A DD Form 214 or other documentation which shows the qualification is required. Further information is available at the Post or email the Adjutant at [adjpost3150@vfwva.org](mailto:adjpost3150@vfwva.org).

Membership in the VFW Auxiliary is open to men and women whose spouse, parent, grandparent, child, grandchild, sibling (and half-sibling who attain the status prior to the age sixteen) was or is eligible for membership in the Veterans of Foreign Wars of the United States of America. Documentation is required as it is for the Post. Members must also be at least sixteen years old. Those whose family members might be interested can get further information at the Post or email the President at [cg12dc12@outlook.com](mailto:cg12dc12@outlook.com).

## Vet Day, Thanksgiving Hours & Events may be changed

With several new officers and uncertainty over COVID-19 travel, etc., several normal events and hours may be changed. Check the weekly email, Facebook, and the Post website for updates.

## Renew Now!

If your VFW Membership expires any time up to 30 June, you can renew now and your membership will be extended one year beyond your current expiration date.



## Veterans need support, especially in a pandemic...

Excerpt from VFW Release, 12 October 2020: “GEORGETOWN, Texas – Even in a pandemic, veterans are returning from active military duty to prepare for civilian careers that require them to return to school for additional education and training...often beyond what is covered financially by the GI Bill. To make educational expenses less of a burden on service members, anyone can “Help A Hero” by getting a haircut at participating Sport Clips Haircuts now through December 5.

Many Sport Clips locations will offer free haircuts on Veterans Day November 11 to service members and veterans with valid military identification, but it is important to [check here for participating stores and store hours](#). In Northern Virginia, they are in Springfield, Fairfax, Vienna, and NW Washington. Also, on Veterans Day, the company donates an additional dollar for every haircare service to the scholarship program, which added \$100,000 to the total raised last year. Help A Hero scholarships are awarded twice a year to help cover the cost of tuition and fees. Scholarship applications are currently being accepted through November 15 for the 2021 spring semester. [Apply for a Help A Hero scholarship here today](#).

\* \* \* \*

### Artists, Scouts, Fire & Law Enforcement



**Firefighter, EMT, Law Enforcement Nominations due 11 December.**

Nominations for Public Service Awards --- **Law Enforcement Officer, Firefighter, and EMT of the Year** --- are due at Post 3150 by 11 December. Nominations include a resume of nominee’s background and background in applicable area, resume of accomplishments in field, photograph, title and address. For info email [adjpost3150@vfwva.org](mailto:adjpost3150@vfwva.org)



**Scout of the Year:** Any recipient of an Eagle Scout, Girl Scout Gold Award, Venture Summit Award, or Sea Scout Quartermaster Award may qualify. Deadline is March 1, 2021 to Post 3150. Early submission / interest may provide opportunity for additional trip for the Scout. (Continued in next column.)

Further information, including entry forms, brochures, and background, are available at [www.vfw.org](http://www.vfw.org), then Community, then Youth and Education and Scout of the Year.

**VFW Auxiliary’s Young American Creative Patriotic Art Contest:** grades 9, 10, 11 or 12. Deadline is March 31, 2021. Go to <http://www.vfwauxiliary.org>, then Scholarships, then Young American Creative Patriotic Art Brochure. Follow above link to see winners since 1979, including last year,



**Continuing Education Scholarship.** Additionally, the VFW Auxiliary sponsors a scholarship for an Auxiliary member or the spouse or child of a member. Deadline to apply is 15 February 2021. Website same as Patriotic Art above but final click on Continuing Education.

You may also email [adjpost3150@vfwva.org](mailto:adjpost3150@vfwva.org) or call Post 3150 at 703-525-0108 for further information on any of the contests.

## *From the John Lyon Past...*

The following appeared in The Washington Post, 1 December 1935, p.BA6;

### **“Lyon Auxiliary**

“On Tuesday the Ladies’ Auxiliary to John Lyon Post, No. 3150, Veterans of Foreign Wars, met with Mrs. Walter Johnson at her home in Lyon Park, where they filled Thanksgiving baskets for needy families of veterans.”

It is not known how consistent this activity was, but the photo below is from 25 years later.



John Lyon members in 1960 stand with food baskets for a holiday. either Thanksgiving or Christmas. President Vi Haislip and Commander Fred Grigsby are seated in foreground.

The tradition continues this year, for at least the 30<sup>th</sup> year in a row. The Thanksgiving preparations will begin at the Post at 9 am on Saturday, 21 November. Delivery to Fort Myer-Henderson Hall will follow.

# Recent Events Around the Post

## Gold Star Mother's Day And VFW Day

A smaller group than normal due to >>> COVID-19 and a few other factors, but Cathy Graham leads the observance of Gold Star Mothers Day while (l to r) David and Amanda Nelson and J.Gary Wagner listen. Wagner later briefly reviewed VFW history in an observance of VFW Day, the VFW's 121<sup>st</sup> birthday. Doc Crouch was photographer.



## Highway Cleanup

<<< (l to r) Nick Knowles, Jake Monaco, John McCarthy (showing the backside of our vests) Cathy Graham, Ted Edwards, and, Nancy Springer, prepare to go out to nearby Lee Highway to pick up trash along both sides of our assigned section on a beautiful October morn.

## US Navy Birthday

(l to r) Department of Navy Veterans Jim >>> Bertine and Nancy Springer prepare to cut the Navy Birthday cake during the ceremony marking the U.S. Navy's 245<sup>rd</sup> birthday. About ten members from all services attended the cake cutting ceremony recently held at the Post.





# VFW 3150

## November 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Savings Time ends, 2 am	2	3 <b>ELECTION DAY</b> <b>VOTE!!</b>	4	5	6	7
8	9 House Committee / Post OCall, 7 pm	10 USMC Birthday 8 pm Food from 5-7 pm	11 <b>VETERANS DAY</b> John Lyon Mem 10:45 am, followed by 3150 at Clarendon Memorial. Post Open House 1 p GRiST mtg 7:30 pm	12	13	14
15	16 Post Meeting 7:30 pm	17 Auxiliary Meeting 7:30 pm	18	19	20 Post 86 <sup>th</sup> Birthday 7pm	21 Thanksgiving Basket Prep and Delivery 9 am
22	23	24	25	26 <b>THANKSGIVING DAY</b>	27	28
29	30	<b>Calendar Updates at <a href="http://www.vfw3150">www.vfw3150</a>, then Calendar or Announcements, Or Facebook, "John Lyon VFW Post 3150"</b>				



**JOHN LYON POST # 3150**  
**"All American Post"**  
**Veterans of Foreign Wars**  
**2116 North 19<sup>th</sup> Street**  
**Arlington, Virginia 22201-3514**

**Dated Material Please Do Not Delay**  
November 2020



**VFW Post 3150**  
**Veterans Day 2019 Weekend Schedule**

**Tue, 10 Nov:**

**5 pm Food service begins. Menu TBA.**

**8 pm USMC Birthday Cake Cutting.**

**Wed, 11 Nov:**

**10:45 am John Lyon Wreath Laying Ceremony,  
Cherrydale War Memorial**

**11:20 am Arlington Wreath Laying Ceremony,  
Clarendon War Memorial**

**1:00 pm Post Open House**

***Check website or Facebook: JohnLyonPost3150 for updates***